

Peter Andre ★ Sean Patrick Flannery

# JustSev'n

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Owen for gold

If you wanna be  
a lad's lover...  
Have you gotta get  
with his friends?

**Teenage vampires**  
The scandal that's  
rocked America

**Love hurts**  
Meet the real-life  
Liam 'n' Patsys

# MARK 2

**EXCLUSIVE! THE BOY OWEN'S POST-SPLIT DIARY**

**Tons of toe-curling true life!**  
‘Size 16 feet make my life hell’  
‘My mate set fire to me’  
‘Chucked after 1,500 miles’



9 770266 817063

**Glitz quiz Could you handle fame?**

Just Seventeen

**Michael's letter**

Can you believe it's exactly one year since Take That split? It seems like only yesterday that teendom was in tears and pop wore a black armband, as the fab four went their separate ways. And on p8, the new age Mark Owen looks back on those 12 eventful months. Watch out for your mascara running!

Also this week, our Eddy reveals how to deal with a lad's friends (p16). A couple of girlfriends of mine have found my mates intimidating in the past. Can't understand it myself. Who could find lads like Big Dave, Psycho Steve, Two Lunches and Razor remotely scary, eh?

Don't miss our Valentine's freebie fest next Wednesday.

So see ya then!



Michael X.

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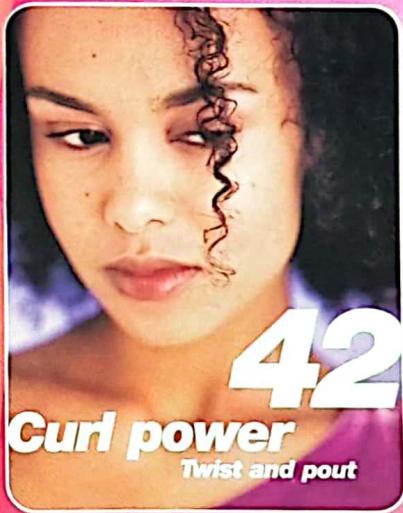
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## Curl power

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# Come on you blues!



**H**ead of Seasonal Affective Disorder, or SAD as it's catchily known? We're feeling kinda down at the mo 'cause of the miserable winter and dark evenings, and reckon it could be due to SAD. The only thing that can cure us is large doses of sunlight, but 'til summer comes around, we've come up with a few DIY cures:

- ★ Painting a large Caribbean island mural on our bedroom walls. Let it shine!
- ★ Persuading Dad to set the central heating to 'tropical' and padding about the homestead in a swimming cossie and flip-flops.



★ Making smoothies with tinned strawberries and ice cream. Top tip: when there's ice on the pavement, swank ice cream always gets marked-down in price. Huzzah!

★ Slapping on loads of fake tan and high-lighting our hair. We can work that summer look even when there's a wind-chill factor of minus five.

★ Swiping sunny snaps from holiday brochures and sticking them all over our school books. We can while away maths dreaming of sea, surf and, erm, spunks in shorts.

Hurrah for **Sarra 'n' Lara** as they put another log on the fire and whisper...

# what a w

## Veg out

'Don't Eat Us' plead Moo-Cow, Piggy Wig and Bunny! These cute tiny tees from Prototype (£11.49 inc p&p) are guaranteed to melt the hearts of veggies and veggie-wannabes. Tel: 0171-624 3278 for mail order.



Get rosy with deep rose and topalescent nail varnishes from **Top Shop**, £2.50. Or make yourself a giant rose hairclip. Just buy a fake flower and a hairslide from your local haberdashery shop and stick 'em together with strong glue like Araldite. And there you have it – a cheap, happenin' hairslide!

## Pretty in pink



## They wrote it, we quote it

"When I first saw The Cranberries, Dolores was frumpy in a small and bad sandals and a gorgeous voice – really shy and charming. Then she just turned into this mountain-goat-stomping, fake political-Southerner-from-Cork freak singing about the Troubles in Ireland! Hello Courtney Love, we've missed your style!"

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**Clearly the best**

These coloured Perspex squares from **Johnny Loves Rosie**, £4.95 a pair, are the coolest hairclips in town. Tel: 0171-435 0089 to order.

## Word up! Kool with a capital K (idiom)

**Origin:** Happenin' phrase in US underground and indie circles. Also used in Noo Yawk noisenik band Sonic Youth's ditty, *Kool Thing*.  
**Definition:** If summat's Kool with a capital K, it's cooler than a very cold thing indeed.  
**Usage:** "Whoa! Joe's customised skateboard is Kool with a capital K."

## Gossip...

with celeb queen Dawn



**EastEnders** babe **Paul Nicholls** is finding life in the limelight too hot to handle. With girlie fans forever trying to get their mitts on him, he's just got his own bodyguard - a female one, no less! • Onto a good deal is **Madonna's** lover **Carlos Leon**, who's to be paid £160,000 by Mads each year

they're together, with a £775,000 pay-off if they ever split. Nice work if you can get it! • While in Barbados, seein' the New Year in, **Damon Albarn** and **Justine Frischmann** enjoyed a saucy skinny dip. Thing is, locals stole their clothes, leaving the beetroot couple to hide their modesty with palm leaves. Oo-er! • **Friends'** **Matt**



Paul: on his guard

**LeBlanc** is being urged by his mum and co-stars to quit playing the party animal. Livin' it large in clubs and bars every night has left him yawnsome on set, and he's apparently sporting huuuuuge bags under his peepers



Matt: partyin'

• **Trainspotting's** **Ewan McGregor** is to appear as a crook in an episode of **ER**, due to be screened here next year. Cool! • **Space's** home town gig in Liverpool turned into a footie fest when Anfield heroes **Robbie Fowler** and **Steve McManaman** plus **The Lightning Seeds** turned up for a sing-along • **Jarvis Cocker's** made an offer on a £400,000 house near **Liam 'n' Patsy's** abode in trendy St John's Wood, London.

And talkin' of the Pulpster, he and his celeb buddies were recently jetted over to Iceland on a private jet for **Björk's** birthday bash • **Spotted:** **EastEnders** **Pauline** shopping in swank store Selfridges in London, **Blur's** **Graham** and **Shooting Stars' George Dawes** chewing the fat in a Camden pub.



Ewan: rogue

## Gimme five

This brill transparent purse from **Miss Selfridge** is a must-have for penny-pinchers everywhere. Why? 'Cause it only costs a measly £2! It's such a bargainous price, you'll be able to treat yourself to some nail varnish too!

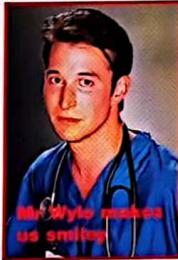


# EEK!

## Sizzling!

### Gratuitous toty shots on ER

Dr Carter shirtless, slurp, slurp



Mr. Wyle makes us smiley

### Bonne Bell flavoured lip balm

It's a taste sensation

### Mint Viscounts

The most regal of chocolate-based snacks

### Common As Muck

It sure ain't rubbish

### Reading

Knowledge is power

### Mocha coffee

The sophisticated option for get-ahead girls

### Styling your hair only to discover it's raining outside

### Lumpy pillows

Like sleeping on a bag o' cement

### Jacket potatoes done in the microwave

Just not crispy enough

### Trying to cross the road in a Parka

Look left, look right, but all you can see is hood

### Finding foreign currency down the back of the sofa

## FIZZING!

## Under a fiver

Make bathtime a meaningful experience with a bar of scented 'passion' soap, £2 from The Cross. Other soaps in the range include Don Juan and Lolita. Tel: 0171-727 6760 for details.

## Sneezy does it

Feeling fluffy-headed, snotty-nosed and full of cold? While you're sipping Lemsip and adding soggy tissues to the pile, take comfort in the knowledge that it's not just you who's sniffling - we suffer around 200 million colds in Blighty every year! And there's still no cure! Another Kleenex, petal?

'What a week!' was written to the sounds of Ginuwine's *Pony*, Make Up's *Live in London*, No Doubt's *Don't Speak*, The Eels' *Beautiful Freak* album and Daft Punk's *Homework* album.

# Glov'd up

For some couples, arguing's a sport. J17 meets some real-life Liam 'n' Pats to see if their spats bring 'em closer together...

## In the green corner

**Danielle Symmons, 15, and Wayne Robinson, 16,** find the green-eyed monster is the source of all their grief...

**Danielle** "We row all the time, though we do have good and bad patches. We row about friends a lot. Wayne gets jealous about my male friends, and doesn't like my girl friends 'cause we're so cliquey and he feels left out.

We row about music a lot too. I'll say something about music and

he'll say I'm talking crap. I try to defend what I've said and it just develops. I like The Backstreet Boys and he hates them. He likes Pearl Jam and The Prodigy.

I think we start as many rows as each other. But if I've got my period, I'll argue about anything. I know I'm to blame. I'll pick holes in everything and I'm really ratty! I think Wayne's got the worst temper, though. He's a Scorpio

and they're well known for being stubborn! We've been an

item for two years next month, and I think we've stayed together because we know how to solve our problems, even though we have a lot of them! We'll argue things to the death, then talk it through. If it

comes down to saying sorry, I'm the one who says it most of the time – but Wayne does too.

We've split up a couple of times when we'd just had enough of being at each other's throats, but we soon made up. In the heat of an argument, we've said we hate each other but we know neither of us means it.

I think we have a future because hopefully the arguments will calm down as we grow older and are less childish about things.

Sometimes rows prey on my mind for ages afterwards. To be honest, I'd love not to get drawn into an argument with Wayne ever again."

**Wayne** "All our disagreements are about stupid things. We get jealous of each other. I have girl mates and she has boy mates, but we accuse each other of liking other people more. The biggest cause of our rows is friends. I don't like hers 'cause I think they're boring. She doesn't like my friends either.

I think I'm the best at making up. I say sorry sometimes even if I know it wasn't my fault. We argue a lot 'cause we're both changing as people. We started going out nearly two years ago, and that's a long time when you're doing all your growing up together. I wasn't like this with other girlfriends, but I think it's our age.

I really hate rowing with Danielle. It upsets me and I feel miserable. But we've got closer as a couple. I still think we're compatible and definitely have a future. I wouldn't swap her for another girl just so I didn't row as much. I'll put up with all the arguing to stay with her."

**"I wouldn't swap her for another girl just so I didn't row as much – I'll put up with the arguing to stay with her"**

## In the red corner

**Louise Oliver, 16, and Paul Radley, 19, used to see red with sudden shouting bouts...**

**Louise** "We've been out for two years and we used to argue over everything. We'd bicker for ages, but afterwards forget all about it.

We'd row about where we were going out to and who with. One minute we'd be laughing, the next we'd be having a blazing row. It was that quick! We'd try to be quiet but we'd always end up shouting. Then we'd run after each other to make it up – great entertainment for our friends! But it always felt as if we were about to split up.

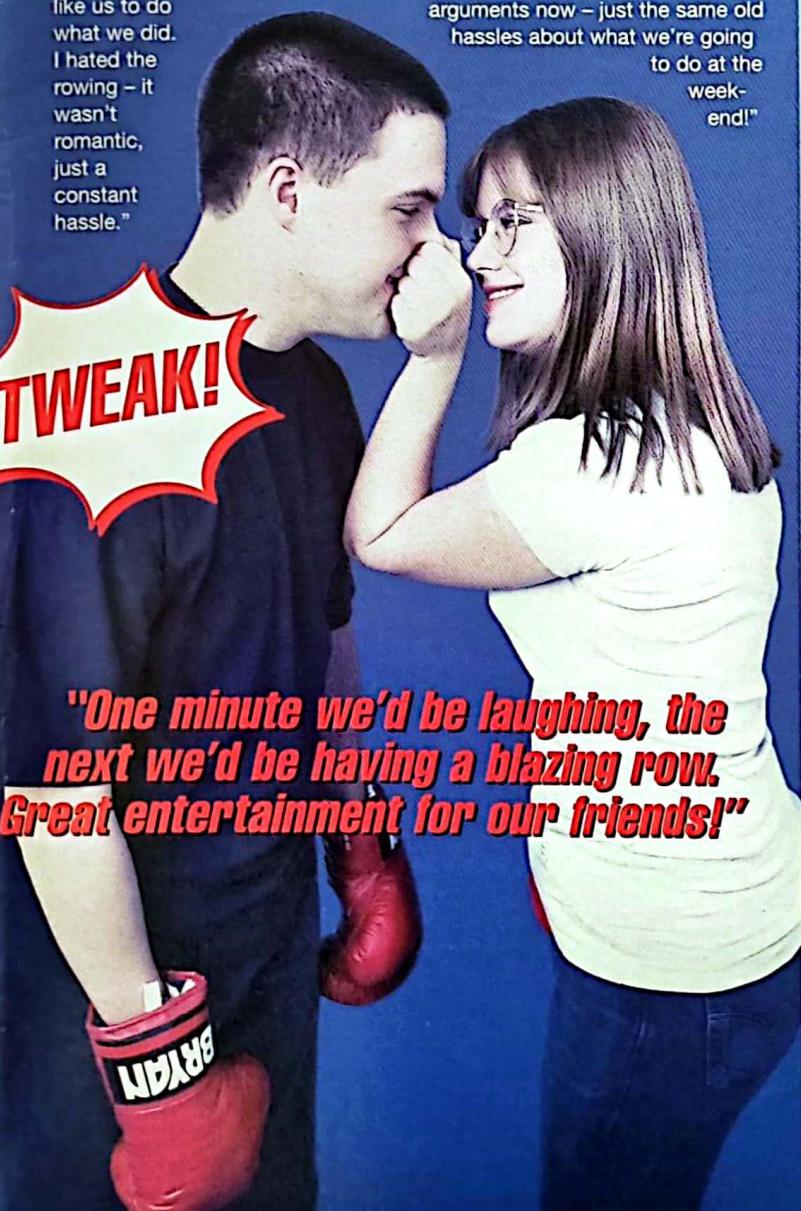
In the end, we realised that if we didn't stop arguing there was no point going on. We sat down and had a massive heart-to-heart. I said Paul always refused to budge and look at my side of things, and he said the same about me. So we compromised and agreed to make an effort not to argue. And it's worked too. We've managed to stop the fights and are a lot closer.

I'd advise anyone like us to do what we did. I hated the rowing – it wasn't romantic, just a constant hassle."

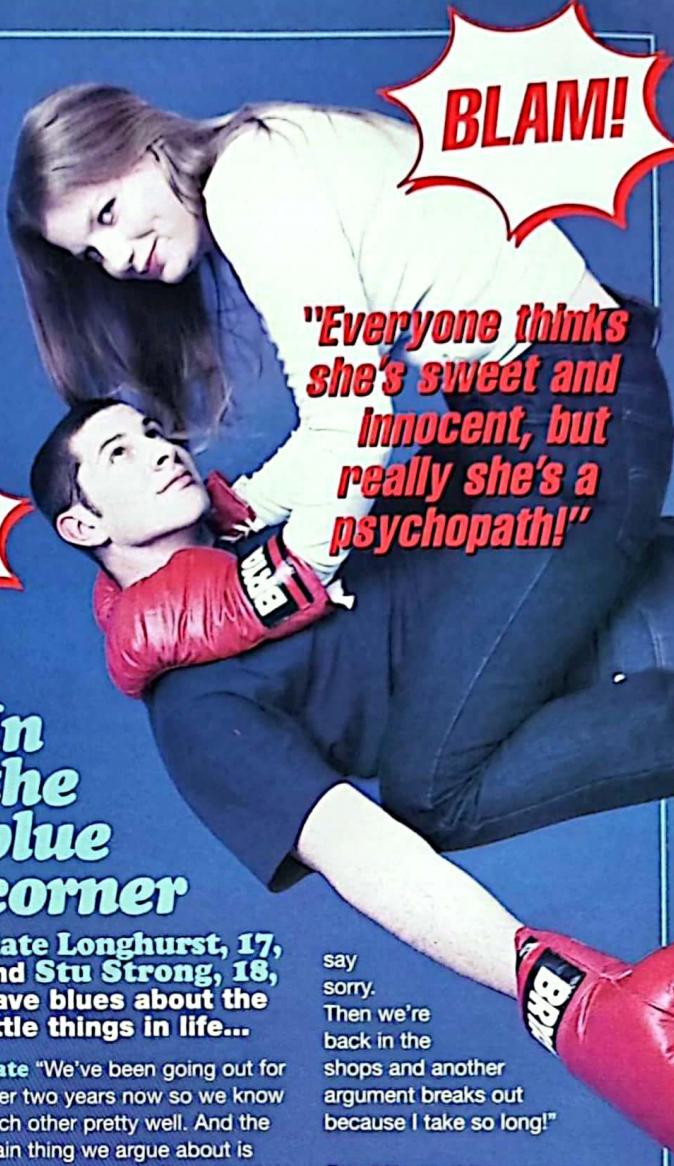
**Paul** "Louise used to think I didn't listen to her opinion, and I thought she wouldn't ever see my point of view. Bust-ups would just go on from there. I guess I started most of the rows, but that's partly because Louise told me I did!

When we realised just how much time we spent arguing, we decided to work stuff out. I told Louise her good and bad points and she told me mine. We were brutally honest about everything, and since then we've got on much better. Before we were drifting apart. This has bought us together again.

I also think we've both grown up a bit and calmed down. We know what things wind the other up, and we try to avoid them. If we disagree, I talk about it instead of shouting. But we really don't have proper arguments now – just the same old hassles about what we're going to do at the weekend!"



**"One minute we'd be laughing, the next we'd be having a blazing row. Great entertainment for our friends!"**



**"Everyone thinks she's sweet and innocent, but really she's a psychopath!"**

## In the blue corner

**Kate Longhurst, 17, and Stu Strong, 18, have blues about the little things in life...**

**Kate** "We've been going out for over two years now so we know each other pretty well. And the main thing we argue about is shopping. I love it, Stu hates it. I want his opinion, but he quickly gets fed up and moans about how long I'm taking. We also row about TV – Stu wants Sky Sports on and I wanna watch MTV!

The best bit about arguing is the making up. It helps keep our relationship fresh, and we get to know each other better every time we have a barney. It may not always be nice things you find out, but you're still learning about their personality. A good row clears the air if you're feeling stressed, and you can laugh about it afterwards.

I can't say I like the times when we're being horrible to each other. But people who don't argue might end up so boring they're afraid to have differences of opinion. Arguing's dead passionate. And it teaches you to say sorry and makes you talk more, not just stay in a sulk.

I think Stu has the hottest temper – I try to calm him down when he shouts. Afterwards he'll be very attentive and will take me out to buy me a present to

say sorry. Then we're back in the shops and another argument breaks out because I take so long!"

**Stu** "We don't have major arguments, just silly rows. Like, we went shopping so Kate could buy some shoes, but she took ages and went in the same shop three times to decide. It drives me mad! Then if she makes us late and I tell people it was her fault, she gets in a mood.

Arguing lets couples know where the boundaries are. You find out how far you can go before upsetting them. And everything's out in the open – you don't have to pretend to be in a good mood when you're not. Disagreeing with them doesn't mean you think less of them.

I suppose I start most of the arguments. I'll take the mickey out of her and say she's crap on the computer. She hates that!

But arguing also releases stress – when Kate was doing GCSEs we argued loads and I just took it 'cause I knew it was her way of relaxing. I think Kate has the worst temper. Everyone thinks she's sweet and innocent, but really she's a psychopath! She's going to hit me for saying that!"

# markworks

**A year ago Take That announced to the world they were hanging up their sequinned pants for good. Mark Owen opens his diary exclusively for J17...**

## February 1996

**Take That call a press conference to announce their plans to split. Sob...**

"The conference was quite frightening. We were like, 'God, what are we doing?' After the announcement, I tried not to dwell on it too much, 'cause I avoid the bad things in life. I tried to get something positive out of it - we had another month together, and then I could have some time to myself. It would have been nice if we could've finished with a big tour, but it didn't work out that way. It would've taken another six months getting it all organised!"

## March

**Mark decides to go it alone.**  
"It was scary going solo. I sat at my piano and started writing songs about how I was feeling. Once I started I couldn't stop. I really wanted to open up and let people inside me, to see the real Mark Owen. Writing songs gave me an aim in life. I wanted to surprise people and prove I could do it."

## April

**Take That's final appearance is on a Dutch TV show.**

"We were all saying the same sort of things, you know, 'This is it,' 'It's the last thing we'll ever do, we must stay in touch.' And we have. When it was all finally over, I decided I'd be upset if I stayed at home, so I went to the Lake District for a couple of weeks to relax with some friends who live up there. By the time I came back I was ready to get on with my own album."

## May

**Mark develops some strange character quirks.**

"I have a lucky pen and a book for writing lyrics. They went everywhere

with me, until I moved house. I gave the pen to my mum for safekeeping, saying, 'Guard that with your life, it's my lucky pen.' You have to be comfortable with what you're writing with."

## June

**Mark buys a swank house in the Lake District.**

"I wanted somewhere magical that had an atmosphere. The first day we went to the house, we climbed over the wall and sat in the garden 'cause it was a hot day. From then on in my mind, it was my house. I'd have been so disappointed if the sale hadn't gone through! I was tempted to do a *Hello!*-style interview when I moved in 'cause the house was so different from the other places they feature. It looked like a right shed, with dust everywhere. But I decided not to. It's like saying to robbers, 'Hello! There's a nice painting - why don't you take it?'"

## July

**Rob and Gaz's solo offerings are released.**

"I stayed quiet when their singles came out 'cause it meant I could just get on with my own stuff. If anything, it made me more hungry to get my own songs heard."

## Relight their careers

**What the Jiggins were the other four up to while Markie was getting his album out?**

### Robbie Williams

The boy with the yo-yo figure hosted the MTV awards and a show for Radio One FM! A single, *Old Before I Die*, should be out in the spring. But is it any good? Only time will tell...

### Gary Barlow

Gazza's album will be released simultaneously on 29 April in the UK

**Mark and his girlfriend Jo are spotted together at the Phoenix Festival.**

"I wasn't surprised when I saw the pictures of me and Jo at Phoenix, 'cause it's so public. Jo doesn't want to be in the public eye, so I don't talk about her 'cause I respect her privacy. She just wants to be left alone to get on with her life."

## August

**Recording begins in earnest.**

"On 13 August I went to Abbey Road to start recording *Green Man*. I didn't even go on holiday 'cause I was so excited about doing it!"

## September

**Time for a reunion with some familiar faces...**

"Some of Take That came down to the studio, but it wasn't like they were haunting me. I was moving house then, which is as stressful as making an album. Doing both at the same time was terrible! Home for me was Abbey Road. I slept on a mattress and lived out of a bag."

## October

**Some of Mark's paintings make the papers.**

"I'm just playing around, really. I wanted the album sleeve to be

and the US, so expect world doughnut domination before long. Probably."

### Jason Orange

The fruity one has been lying lower than a bed in a basement flat. His record company said, "Jason's been seen wandering into the office sometimes, but nobody knows what's going on!" The big question is, does he?

### Howard Donald

Apart from growing his dreadlocks even longer, Howard's record company reckon he's been writing 'soulful' stuff (he penned Kavana's first single). At this rate, he'll be tripping over his locks before the blimmin' record's out!

colourful and do illustrations for every song. I like getting covered in paint and being dirty and mucky. I've got a trash room at home where I get the oil paints out and make a right mess!"

## November

**Child is released and goes to number three.**

"When I wrote *Child* I knew it had to be a single, and I wanted to go with my first feelings. I didn't want to scare people off - I thought I'd save that for the second single! Anyway, it's a good single 'cause it has lots of meanings and, no, it isn't about anyone specific."

## December

**The Green Man album's released.**

"My mum loves *Green Man*. For a month after I gave her it, every time I phoned all I could hear was the album playing in the background! I think they're really proud of me. Dad wants to be in the band - I have to keep pushing him away!"

## January 1997

**New Year's resolutions and Mark's 25th birthday.**

"My resolutions were not to be so moody or nervous, to just enjoy what's happening. I can be quite difficult at times - I like to let people know when I'm feeling grumpy."

And I was in the studio for my birthday 'cause I'm a workaholic. The band and some friends were there and we just chilled out."

## February

**Clementine, Mark's new single, is released.**

"*Clementine* is about the despair and sadness in everybody. If I had a daughter I'd call her Clementine, but she'd probably kill me for it. The kids at school would call her Orange or Satsuma!"

**Who knows what the rest of 1997 will be like for Markie...**

"I'd like to do a summer tour and play in little venues, 'cause I'll probably be the only one there! I don't think Take That will reform - it'd be a laugh, but sometimes it's better to just let things lie."

Celeb exclusive

**"I really wanted to open up and let people inside me,  
to see the real Mark Owen"**



by Woodsy

# mail bonding



My name's David. David Bond, and I would like to hear from you, like you need to hear your contributions in to my Woodsy 'n' Mail Bonding', PO Box 411, London, WC2H 7TF. Best'll get a G tag.

## Star Letter Safety curtain

If safe sex is the only way to have sex, then why-oh-why do horny Hollywood actors never seem to use contraceptives? Don't they realise that more people would take precautions if their heroes did too? So come on all you actor-types and get your condoms out for the cameras!

**G Clare, Leicester**

• Yep, it's about time Hollywood pulled the condoms on rather than the wool over our eyes. As wise Emma Spice says, "Put it on, put it on."

## Phat boy

I've just read 'I'm half the man I used to be' (1 Jan). Like

Steven, I'm 15 and over 15 stone in weight. I was amazed that he lost 12 stone 2lbs - it's given me a real boost to slim myself. Well done Steve and thanks a lot!

**Oasis fan, Perth**

• Steven has certainly inspired many of us who are furnished with a little more than we might wish! But the real issue

here is health. Aiming to lose a few excess pounds is fine, as long as it's achieved by a combination of sensible eating and regular exercise. In fact, I may even work off my post-Crimbo love handles...



## Credit it

In 'My school is so cool' (15 Jan), it said pupils at Sir Henry Cooper's in Hull get rewards for good behaviour. Credit systems are all very well, but if I got debit points and had to make up the time every time I was late, I'd still

be at school when I'm 60.

**C Wilkes, Banbury**

• It raised some eyebrows here too - we'd be in trouble if it was tried at Teen Towers. But I'd be OK 'cause I'm punctual, work hard and always have a rosy apple for our Ed. Smarm, smarm.

## Oi, Newsy, no!

I'm not in a good mood with my newsy. When the papers were delivered on 3 Jan, everyone got theirs except me - no J17! The next week I thought maybe I'd get two weeks at once. But no, only the 8 Jan ish. My newsy said it wasn't sent to him. Don't say it was the best ish ever 'cause I'll cry! **J17-less, Lanarkshire**

• Your newsy kept it for himself, didn't he? And who could blame him? But don't worry, we'll send you a copy straight to your door so your light-fingered NA can't nab it. And if anyone has any newsy heroes to tell us about, write in and lay it on us - with photo if poss!



few Keanus to keep us happy.

**J Smith, Gwent**

• Would you want an all-girl world? You'd have to clone more blokes or you'd only have Spice Girls and Louise to listen to. Just think, no Liam, Ronan, Damon, Matthew Kelly, er, Les Dennis - on second thoughts, get those eggs ready!

## Making the mail sack swell this week:

Respect to Oasis ★ Leo DiCaprio poster requests ★ We love Star Wars ★ Casualty's better than ER

**A break from the Norm with Twix®** J17 / TWIX® PROMOTION

**Yup it's that time of the mag again, when J17 hooks up with Twix® to find out how you get round your mamas and your papas when they're being bossyboots. Those with super-cunning know-how get a fistful of deelitzieuse Twix Bars for their troubles.**

**Katie, 16, Kent**

Whenever I've tried to get out of tidying my room my folks make me do it. I shove everything under the bed sometimes, so my room looks spotless, and they haven't cottoned onto it yet.

**Nancy, 14, Kent**

I never tidy my room, and my parents don't usually give me hassle. But sometimes my parents throw a wobbly strop if it's untidy. I just leave the house and disappear 'til they've cooled down about it.

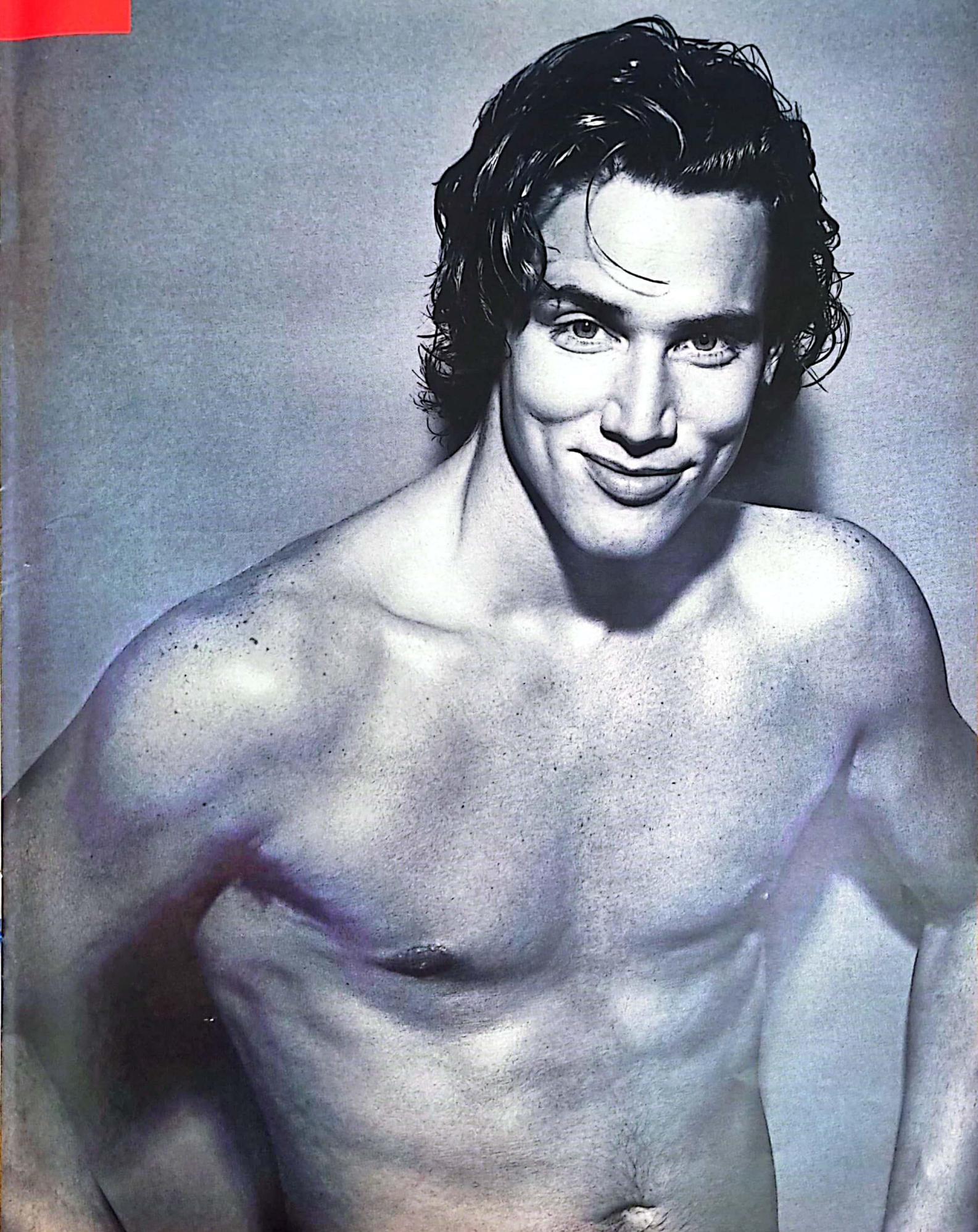
**Anna, 13, Kent**

I tell 'em I'll do it later. If I want to stay out late I tell 'em I'm staying over at a mate's house. I told them that once and went to an all-night party, but they found out and grounded me for two weeks.

**Next week we wanna know how you'd handle a mate who's made a break from her normal look. Only it's gone a bit Pete Tong, and her new hairstyle is a don't rather than a 'do. So 'til then folks!**

SO...?

what's he giving you for Valentine's?



Imagine you're a rich and renowned foxtress. Would you punch every paparazzi snapper you meet or invite the tabloid press in for tea? Find out in *J17*'s star test...

**1** One morning you see some fans rummaging through your bins to check out your rubbish. **Whaddaya do?**

**a)** Run downstairs in your nightie, screaming at them. Then grab your trash and hurl it at the pesky varmints as they skedaddle.

**b)** Bang on the window and shake your fist. Then resolve to put out the rubbish later in the mornings.

**c)** Put on full make-up, then open the door, wave regally and offer to sign that mouldy pizza box.

**2** You're buying a bra when you notice a photographer lurking in the pants section with a long lens. **What happens next?**

**a)** You blush bright red with embarrassment and try to buy the brassiere as discreetly as possible.

**b)** You ask demand to see the manager sharpish, and get the snapper ejected from the store.

**c)** You make sure your best side is turned towards the camera, then pull a cute face as you hold up the garment to 'see if it'll fit'.

**3** The horror! A tabloid's got hold of embarrassing school photos taken when you were 11 with pigtails, braces and glasses. This could shatter your glam image! **What do you do?**

**a)** Hire a private detective to find out who sold them to the journalist, then bombard the hack with nasty letters.

**b)** Be very, very annoyed, but then try to forget about it. After all, geek-chic's quite cool these days...

**c)** Offer to do a photo shoot for the paper with you dressed up the same now. Well, it's all publicity!

**4** Hoorah! Another showbiz film premiere! But what will you wear to it?

**a)** A dress you designed – see-through apart from silver hearts over all your naughty bits! Glamorous!

**b)** A slinky, black designer dress. It's always best to look sophis.

# Could you play the fame game?

**c)** The same combats and jumper you normally do. If the organisers don't like it, they shouldn't have invited you in the first place!

**5** You're out shopping when you get mobbed by adoring fans. **How do you react?**

**a)** Duck your head down, quickly hail a taxi and screech off, leaving your worshippers weeping in the fumes of your exhaust.

**b)** Sign a few autographs, then politely explain that you really must continue with your shopping because you're in a bit of a hurry.

**c)** Whip out some photos of yourself, and sign every last one with your own silver magic marker. Then ask if anyone wants one for their mates.

**6** You go into your manager's office to find an enormous pile of fan mail waiting for you. **What do you do?**

**a)** Reply to as many as you can, then get your manager to write a standard letter back, which you sign. You can always read the rest when you've got more time.

**b)** Refuse to read any of them. You never know what nasty things people might've sent you.

**c)** Read them all individually, then send each admirer a hand-written reply with info about your fan club.

**7** A boy you really fancied when you were younger asks you out. **What do you do?**

**a)** Say no. He obviously only wants to go out with you because you're famous and minted. What a freeloader!

**b)** Meet up and decide if it'll be an ongoing snog sitch after you've had a chance to get to know him again.

**c)** Say yes, then ditch him very publicly for a dead-glam rock star. Serves him right for ignoring you before. Besides, doesn't he know that famous people can only go out with other famous people?

**8** You've won a snoot showbiz award. **Who will you thank in your acceptance speech?**

**a)** Everyone. From your manager to your mum and dad, from your make-up artist to your milkman.

**b)** Just your ma, pa and boyfriend. You don't want to take up too much time 'cause these things always overrun.

**c)** You won't accept the award yourself. Just imagine how terrifying it'd be to go on stage in front of all those people!

## Now tot up your star score

1 a) 1 b) 2 c) 3  
2 a) 2 b) 1 c) 3  
3 a) 1 b) 2 c) 3  
4 a) 3 b) 2 c) 1

5 a) 1 b) 2 c) 3  
6 a) 2 b) 1 c) 3  
7 a) 1 b) 2 c) 3  
8 a) 3 b) 2 c) 1

### 8-12 Private on parade

Blimy, you're Mrs Paranoid, aren't you? You think that if you were famous, people would only be nice to you 'cause of your fame. You're shy as well, so you'd feel awkward in public. Calm down, honey. You're meant to enjoy this showbiz lark – it's only a bit of fun.

**Star turns:** Princess Di, Dolores Cranberry, Justine Elastica, Alanis Morissette.

### 13-18 Celeb supreme

Nice one, girlfriend. If you do ever get a proper taste of this fame thang, then you'll have it nailed. You enjoy attention to a certain extent, but know that you can't take fame or life too seriously. It's probably not gonna last forever, so you wouldn't make it too big a deal and would just enjoy it while it was there. Showbiz is a real laugh and you gotta take advantage of it, eh?

**Star turns:** Zoe Ball, Sandra Bullock, Kate Moss, Louise Nurding.

### 19-24 Tabloid tease

You love the glitz world of fame and celebrity, and you'd stop at nothing to make sure you get there and stay there. You'd turn up to the opening of a crisp packet, then probably sign every bit of sliced potato there. You'll be famed from Selfridges to Stringfellows for your snazzy outfits and ability to drink gallons of free champagne. But beware – you may not be as famous as you think.

**Star turns:** Patsy Palmer, Danniella Westbrook, Caprice Wonderbra, Lesley Joseph.





## A cute teddy bear, free with SO...?

With every 30ml SO...? eau de toilette comes a free bear in a reversible pouch. Offer available in Superdrug 5-26 February and during January and February in selected Lloyd's, Independent chemists and department stores while stocks last.

fragrance with a certain attitude



# Cult of the vampire killers

**A real-life horror story is unfolding in America. A couple have been battered to death and their teenage daughter, a self-confessed vampire, faces a murder charge...**

**T**he arrest of a gang of five teenage vampires who ritually sucked each other's blood in the southern state of Louisiana, USA, has shocked the world. All five are now being held in a Florida jail, charged with murdering the parents of the youngest member of the group, 14-year-old Heather Wendorf.

The battered bodies of middle-aged couple Richard and Naoma Wendorf were found in their family home in Eustis, Florida, by Heather's 17-year-old sister, Jennifer. "This was not a quick killing," said Sheriff Stan Scott. "The Wendorfs were bludgeoned with a metal bar and the wounds were inflicted by at least three different individuals." Police believe the Wendorfs were killed in a row over Heather's involvement with a gang known as the Vampire Clan.

## Sucked in

Heather's alleged accomplices in the crime are Roderick Ferrell, Charity Keese, Scott Anderson (all 16) and Dana Cooper (aged 19). These four live in Murray, a small, religious town in Kentucky, home to 13,000 people, run-down shopping malls and a

Boy Scout museum. So how did Heather, whose friends remember her as shy and quiet, get involved in a teenage vampire gang in a town that's more than 200 miles away? She fell in love with Roderick, that's how.

Heather met Roderick in 1995 when he went to high school in Eustis. They got on really well and started dating. But Roderick was already involved in ritual activities and appears to have been one of the Clan's ringleaders, under his mum's sway.

His 35-year-old mother, Sondra Gibson, was an active member of the Vampire Clan and had recently been charged with the attempted rape of a 14-year-old boy. Roderick himself liked to wear long, black coats, carried a wooden stick and boasted he was immortal. He also visited a place known as The Vampire Hotel with Dana Cooper.

The concrete Vampire Hotel lurks in the middle of woods outside

Murray and isn't for the timid. The area is littered with empty beer cans and the charred remains of bonfires. "It's a chilling place," says Sheriff Don Kelly. "The hotel walls are decorated with messages in blood-red saying 'Follow Me To Death' and 'Me Killa'. There are lights on up there some nights, but by the time we arrive they've always gone."

Heather and Roderick had been together for a few months when her friends noticed she was becoming a little weird. "She was a really nice girl," says old school pal Joe Barrett. "But when she started hanging out with Ferrell she changed. She dyed her hair red or purple and began wearing long black clothes and stockings. She said she'd become a vampire". Heather's appearance became more and more alarming. She plastered her face with white make-up and red lipstick and wore a dog chain round her neck. Her best friends were terrified when she



From top: Rod Farrell, Dana Cooper, Scott Anderson, Charity Keese - all charged with murder

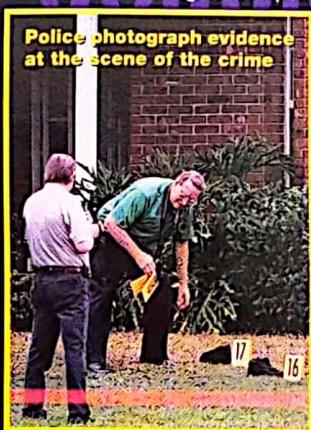


told them she was a demon in a past life and could communicate with the spirit world after drinking human or animal blood.

Even when her relationship with Roderick ended, Heather's enthusiasm for the Vampire Clan remained as strong as ever. Jeremy Hueber went out with Heather for a couple of months shortly after she split up with Roderick, but finished with her because she was too strange. "She enjoyed drinking both her own and other people's blood and said it made her feel sexy. The whole thing really grossed me out," shuddered Jeremy.

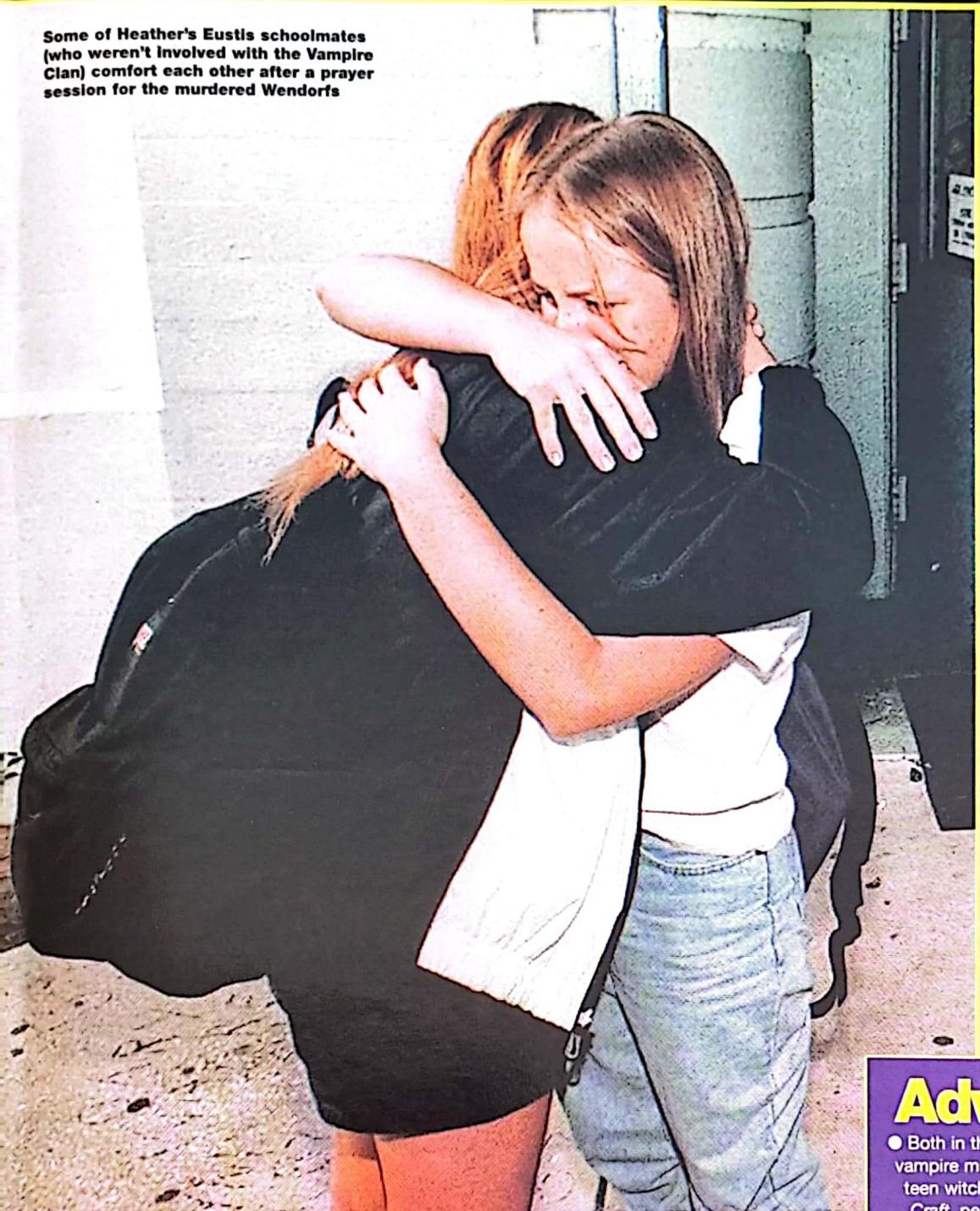
## Fang gang

But membership of the Vampire Clan was growing all the time, until more than 30 people were taking part in nightly blood-drinking sessions. Their activities became increasingly extreme. Police investigations began the night Roderick allegedly broke into a dog rescue shelter and attacked over 50 animals. Two were killed and one was so badly injured, it had to be put to sleep. A school mate said Rod believed that if you killed animals you could take on their hunting powers.



Police photograph evidence at the scene of the crime

Some of Heather's Eustis schoolmates (who weren't involved with the Vampire Clan) comfort each other after a prayer session for the murdered Wendorfs



**"They honestly believe they're immortal because they are vampires"**

When the police took Rod in for questioning, his arms were covered in cuts from vampire activities. He admitted to police he belonged to the Vampire Clan. "These kids honestly believe they're immortal because they're vampires," says Kentucky cop Mike Jump. "They cut each other's arms. They cut small animals to suck blood".

The horror of the Wendorf double murder has fuelled national concern about the growing number of American teenagers interested in vampire worship and satanic rituals. In the months after the release of the film *Interview With A Vampire* starring Tom Cruise, Brad Pitt and Christian Slater, police and FBI officials noticed an increase in

vampire activities. What's more, the movie was one of the most popular video rentals among Murray teens, and Roderick Ferrell is rumoured to have clocked up more than \$30 in fines after keeping the video for two weeks. And shortly before his arrest he'd been trying to change his name to Lestat – Cruise's character in the film!

## J17 investigates

Police also believe that Rod and Dana Cooper cruised Internet vampire sites, prior to the Wendorf murders, using the computers at their local library.

### Horror story

When police first arrived at the murder scene they thought Richard and Naoma Wendorf had been battered to death by intruders and that Heather had probably been kidnapped. But it wasn't long before the ghastly truth emerged.

Although there was no evidence of any vampirism or satanic rituals, police are convinced the Wendorfs were killed by the very gang they were so worried about Heather being part of. The five teenagers went on the run in the Wendorf's car for four days before being arrested at a motel.

In the car were two vampire novels and a book of spells.

Friends and relatives of the Wendorfs are in a state of shock. "People round here are talking of nothing else," says local resident Greg Duncan. "They're afraid." There are those who believe the cult was just a harmless means for teenagers to relieve the boredom of having nothing to do in a small town. "You had a group of kids who just wanted to be part of something, wanted to belong," says the local prosecutor.

But the reality is far more sinister. The parents of a 14-year-old gang member have been murdered. The Vampire Clan enjoyed mutilating small animals, and its adult members lured new teen recruits with promises of sex and drink.

Sitting alone in her Florida jail cell, Heather Wendorf has plenty of time to reflect on the horror of her crime. But nothing will bring her mum and dad back.

"I hope the police are wrong," says her 75-year-old grandfather James. "She's so quiet – a demure little girl." Until, it appears, she

fell in love with Rod Ferrell and got drawn into a world of evil from which there was no turning back.

### Advice

- Both in these shocking vampire murders and in teen witch movie *The Craft*, peer pressure plays a big part. It's easy to get swept into scary behaviour by cult groups, boyfriends or mates. So think for yourself and try not to be manipulated.

- Obviously not all vampire fans are killers! It's one thing to dress up in fangs and enjoy Gothic horror. But drinking or sharing blood is highly dangerous and could lead to HIV infection.

# I'd do it yet but wiser

**Does the phrase "If you wanna be my lover, you gotta get with my friends" ring a bell?! Yup? Well, our Eddy reckons it's as true for lads as it is for you lasses...**

You chicks have got this mates-and-dates business sewn up. When a lad asks you out, you have him vetted by the Girl Council before making up your mind. That way your friends get to approve him and you get some Graham-from-*Blind-Date*-style advice for free.

Lads' mates, on the other hand, form a barbed wire fence round them as protection from girl intervention. This can be cool 'cause it prevents undesirable females getting near us (yeah, right!) But at other times it just shows how possessive, jealous and clingy our pals are.

So every time you gals meet a bloke who stirs your sensations, you have to deal with 'His Mates' as well. Ulp!

## Boy bonding

My advice is simple: don't try to be clever. Too many girls get friendly with a guy's best friend, then use him as a stepping stone to get in with the spunkster himself. It might seem like a good idea – but only if you're reckoning without the 'Code Of Chaps'.

Y'see, what really happens is that the dweeby bloke you talk to first thinks you fancy *him* and will hit on you for the rest of your life. What's more, your real target thinks you're his mate's sole property and won't go anywhere near you.

Once you've landed a lad though, meeting his mates can still be a minefield. So for your first big get-together with the boys, don't glam yourself up. Even if you're going to one of the ambassador's Ferrero-



Rocher-laden

receptions, play it down or you'll scare the poor dears. Your best bet is the simple 'n' subtle-yet-devastatingly-attractive look. His mates'll see why he fancies you so much without being consumed with jealousy.

Talk to his mates, even if they are total barbarians – Neanderthals need respect too. Even feign an

interest in Playstation, footie or whatever, then let it slip that you'd like to find out more about the subject. This gives you an excuse to chat to your dreamboy while his mates warm to you 'cause they won't feel threatened by a superior intelligence (sad but true).

If they allow you to borrow their stuff, especially CDs, you know

**"If his mates let you borrow their stuff, you know you're gaining Brownie points"**

you're gaining Brownie points. Just make sure they're returned in mint condition, or you'll be dumped by the entire group faster than you can say Linford Christie.

If you put off meeting 'the lads' 'til you and your man are an ongoing item, things could be even trickier. Sure, you don't have to put up with his mates taking the rise and being annoying, but you will be viewed with suspicion. They'll think you're stealing their mate away and destroying their little group. When you're

not around, you'll be their number one topic of conversation.

Your lad should protect you from the slings

and arrows of outrageous blokes – but it's a scientific fact that lads are too easily led and listen to their mates too much sometimes, so watch out.

Your best bet is to be 'one of the lads'. It's strange, but boys show affection and bond by taking the mick out of each other. If you can take it on the chin and pick up on their catch phrases, you're virtually guaranteed the respect of the herd.

## Ganging for it

It may all sound mighty scary and not worth the effort. But should you triumph and win the respect of his friends, you'll not only gain a geezer, but a whole pack of loyal new associates to boot.

If a guy genuinely digs you, though, it doesn't matter what his mates think. Y'see, some dudes are secretly happier to keep you away from their posse in case they show him up. Or try to steal you!

## Five ways to flatter his friends

- Share your chips 'n' sweets with them. Sure, it's bribery – but it works every time.
- Invite them to your birthday party, but only if you trust 'em. Otherwise your house is in danger of being redecorated with Pepsi Max and crushed peanuts.
- If you see one of his mates shivering at a bus stop, get
- your mum to stop the car and give him a lift. He'll spread the word about your good deed and you'll look like a saint.
- Don't laugh at their dancing.
- Force your dad to take a post as a Premiership manager. Any team will do, as long as it's not Man United.

I saw this  
and I  
thought of  
you.



WHAT WOULD YOU SEND?



Royal Mail

# WARNING: MAY CAUSE DIZZINESS AND FAINTING IN THE WEAKER SEX.

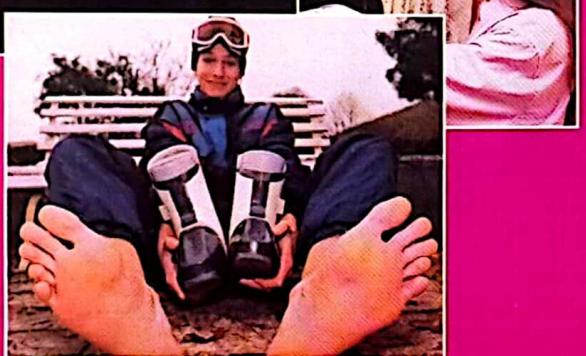


17 IT'S NOT MAKE-UP.  
IT'S AMMUNITION.



8-page  
Reality bites

Over the  
next 8  
pages, we bring  
you 10 amazing true  
experiences



**Just Seventeen**  
Tons of toe-curling confessions  
every week

Reality bites ★ Reality bites ★ Reality bites

“He told me to take a

**Sarah-Jayne Smith, 19**, (right) embarked on a charity walk with her boyfriend. But as her diary shows, it was **uphill all the way...**

#### November '95

"I meet this tall, good-looking bloke called Paul in a club. We start seeing each other and I really like him. He's 22 and a roofer."

#### December '95

"Paul announces he wants to walk 7,300 miles around Britain for charity. He says he still wants to be with me when he gets back. But I'm in love, so I ask to go too 'cause I don't want us to be separated. Soon though, I really get into the spirit of the walk and want to do it for myself. Paul's happy for me to join him."

#### January '96

"We do car-boot sales to raise funds and buy cooking gear and a tent. The sponsorship money will go to Save The Children and the Anthony Nolan Bone Foundation. Our target is £25,000."

#### April '96

"I sell my car to my sister and save over £1,000. Paul hasn't got as much. We aim to walk 20 miles a day and allow a year for the trip, but Paul wants to do it quicker to get in the *Guinness Book Of Records*. Our planned route uses mainly coastal paths and my parents are worried, but I know Paul will look after me."

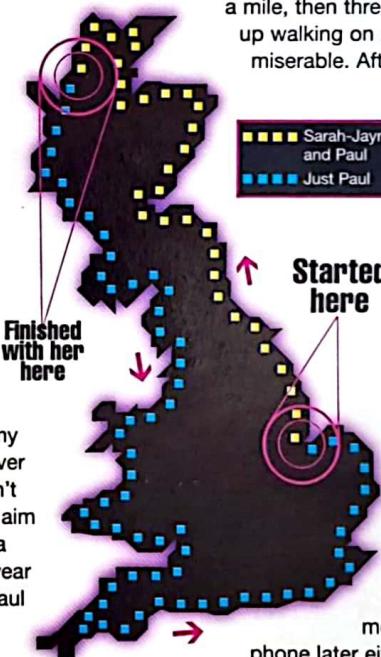
#### June '96

"Save The Children Office, Boston, Lincolnshire, 23 June - we're off! I've given up my service-station job and we've got lots of sponsors. All we have to do now is walk. My backpack weighs 50lbs, so it's hard work, but I'm excited. Our adventure will take us to the Yorkshire coast, Northumbria, into Scotland and then down the west coast."

We're getting on brilliantly, the scenery's amazing and it's so cosy being tucked-up in our tent. Being together so long should make or break our relationship.

After a few days Paul starts going ahead of me. Gradually it turns into a mile, then three miles. So I end up walking on my own, which is miserable. After putting up our

tents and cooking a meal each night I'm exhausted, but Paul always writes his diary. He lets me read it sometimes. Last night I was hurt to see 'Sarah-Jayne's got fat legs.' I'd annoyed him, he said, so he did it to spite me. And he wouldn't let me use his mobile phone later either. How petty!"



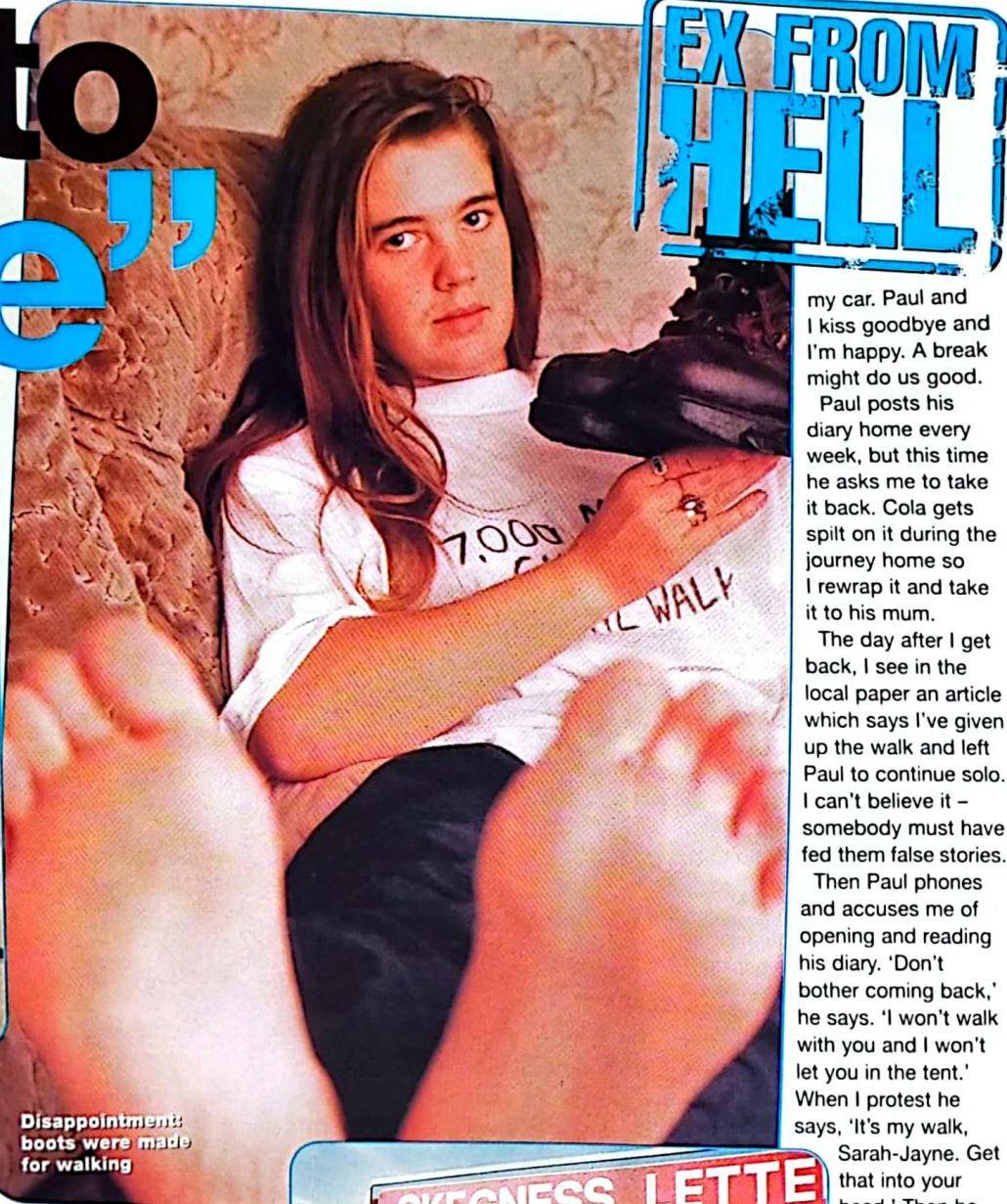
#### July '96

"We're making good progress up the north-east Coast and though we bicker a lot, we have some nice

# me to hike'



Sarah-Jayne and Paul: happy at the start of their walk



EX FROM  
HELL

my car. Paul and I kiss goodbye and I'm happy. A break might do us good.

Paul posts his diary home every week, but this time he asks me to take it back. Cola gets spilt on it during the journey home so I rewrap it and take it to his mum.

The day after I get back, I see in the local paper an article which says I've given up the walk and left Paul to continue solo. I can't believe it – somebody must have fed them false stories.

Then Paul phones and accuses me of opening and reading his diary. 'Don't bother coming back,' he says. 'I won't walk with you and I won't let you in the tent.'

When I protest he says, 'It's my walk,

Sarah-Jayne. Get that into your head.' Then he hangs up. I'm hysterical. If only he'd told me when I was still up there, I could've brought a tent for myself and finished on my own. But now there's no way I can make up all the lost distance."

moments. One night we had a top time in a pub. But in Paul's diary all he wrote was 'Had drinks with SJ.' It's as if he doesn't want to really acknowledge I'm here.

Nightmare! At Saltburn-by-the-Sea, Cleveland, Paul pulls a leg muscle. Doctors advise him to rest or he may do long-term damage but he won't abandon the walk despite the pain. Nothing seems to matter to him apart from carrying on."

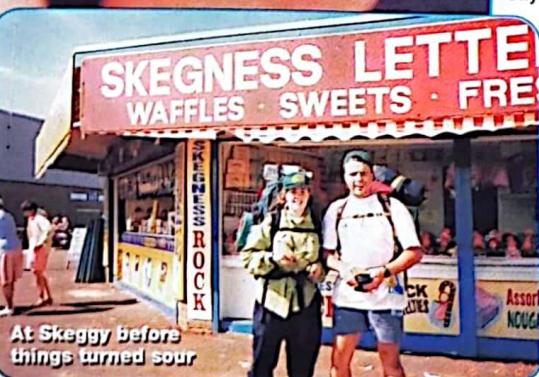
## August '96

"Things are getting worse. The other night I wanted to go to the toilet, but Paul wouldn't let me have any loo paper 'cause he couldn't even be bothered to get it out of his rucksack for me.

Paul's weird about food too. He walked three miles to a shop, but refused to bring anything back for me. He says it's easier to keep our food separate. Once, when we stopped for a break, I'd run out of supplies but Paul had two Pot Noodles. Would he give me one? No way!

We reach Inverness and I'm beginning to wonder if he wants me around at all. Whenever I talk about it he says, 'Why don't you get the train home then, Sarah-Jayne?' But I want to keep on walking. At Loch Ness, Paul refuses to take a pic of me next to the model monster, so I have to ask a tourist instead. It's so upsetting and silly.

But however nasty Paul is during the day, at night he always wants to be close. He makes me cry over tiny things, which is sad 'cause I



At Skeggy before things turned sour

won't let me read the map. I want more control, he won't let me."

## September '96

"Cape Wrath: his leg's so bad Paul wants me to buy back my car and drive behind him as back-up. But I've already done 1000 miles so I want to carry on."

"But Paul insists and reluctantly I agree. My parents pick me up from Scotland and drive me back to Pershore, Worcestershire, to get

## December '96

"I've just read in the paper that Paul may finish in March. I'm so upset and miserable. What Paul did was so hurtful. I've got no records of what we did 'cause his mum's got all the cuttings and photos. A big chunk of my life has gone missing.

And I can't collect the sponsorship money either 'cause I didn't complete the mileage. I feel like I've only half-decorated a room. Hopefully one day I'll get the chance to complete my adventure."

**"He couldn't even be bothered to get the loo paper out of his rucksack"**

love him. He can be quite pushy and when he's angry I literally shake with nerves. But he's got the power. He carries the tent and

Reality bites ★ Reality bites ★ Reality bites ★ Reality bites

# "My mate

**Steve, 19, started sniffing gas and petrol to avoid his problems. But his high-risk habit led to horror...**

**W**hat afternoon, three years ago, I'd gone round to Darren's house to help him fix his motorbike. We'd been really good mates for a couple of years - we were both a bit wild.

A few months back, we'd started experimenting with dope and LSD and sniffed a bit of gas too. Although we knew it was dangerous, the high made me forget my worries and everything that was going on at home.

My stepdad was very violent towards me and used to beat me up a lot. At 15 I'd been put into local authority care near Sunderland, where we lived, because my mum couldn't cope.

By the time I arrived at Darren's he'd already emptied the petrol out of his bike into a bowl, which he'd covered with a towel. But before we got down to fixing the bike, Darren had begun sniffing the petrol, so I had a go too.

All I remember is pulling the towel over my head and sniffing at the bowl for about 20 minutes. I must have passed out with the fumes, because the next thing I remember is waking up and realising I was on fire.

## Twisted firestarter

Darren had thought I'd been messing around, pretending to pass out. He owned one of those leather pilot's jackets which he used to set fire to as a joke because he knew the petrol would just burn on the surface without going through to his skin. And he was so out of it he thought he could do the same to my jeans!

But it didn't work like that. Within two seconds, my whole body had



exploded into a human fireball.

As I came round, I saw these

huge flames and my jeans were ablaze. I could feel this strange sensation in my legs and they were unbearably hot. But I was so out of my head, I couldn't feel any pain. Then I jumped up and ran around like a headless chicken frantically trying to put the flames out.

By then Darren was really panicking. Luckily his mum had washed a pair of his overalls and they were hanging wet on the line, so he grabbed them and wrapped

**"Within two seconds, my whole body had exploded into a human fireball"**

them round my legs. After a few minutes the fire died out.

By this time, Darren's next-door neighbour had seen what had happened and called the police and an ambulance. It was only when the ambulance men arrived and started cutting my jeans open, I realised how badly burnt I was. It was as if my legs weren't there anymore and someone had replaced them with putty.

Somebody poured sterilised

water over my legs to remove all the traces of petrol, but the pain was so bad I nearly hit the roof. Then I passed out again.

## Look at my legs!

I woke up the next morning in a ward full of children. My legs looked like balloons. When I asked the nurse why the bandages were so big, she gave me an odd look and said, 'That isn't a bandage. That's your legs.' They had swollen to three times their normal size! My hands were also swollen where I'd slapped at the flames.

es ★ Reality bites ★ Reality bites ★ Reality bites ★ Re

# set fire to me''



**"My legs looked like balloons -  
they'd swollen to three times  
their normal size"**

Adding fuel to fire:  
the boys siphoning the  
petrol that led to disaster

I was lying there alone, when my mum walked in. She sat down for a few minutes, looked at me and then walked out without saying a word. I was devastated. All I wanted was for her to put her arms round me and tell me everything was going to be OK, but she couldn't bring herself to do it. She'd just come to sign the consent forms for my operation.

Of all the time I was to spend in hospital, that was the worst. You expect your family to forgive and forget if something bad happens.

I cried myself to sleep that night, as I writhed about in constant agony.

Altogether I spent nearly four months in hospital. After a few weeks I was transferred to a specialist burns unit 50 miles away in Durham, so I could begin having plastic surgery. The skin grafts I had felt even more painful than the accident itself.

What's more, I got really lonely in hospital. Because I was so far from home, none of my mates could afford to visit me. The only person

who came to see me was one of the staff from the children's home. But the nurses were really friendly and because I was there for such a long time, most of the other boys on the ward became good mates.

It's taken nearly three years for me to be able to talk about what happened that afternoon. For months afterwards I had terrible nightmares, reliving the burning in my mind. I'd wake up screaming and pouring with sweat and it would take me a few minutes to realise I was safe in bed. It's left me with a real paranoia about fire. Just seeing other people light cigarettes puts me on edge.

## The power of love

But meeting Lisa six months ago changed my life. She's 19 and we met through friends, so she'd already heard about what had happened to me. At first she was shocked when I told her all the details, but she was never intimidated by the state of me and has been really supportive.

I still have a big scar which runs from my knee to my ankle on one leg and a burn mark on the other. I used to feel self-conscious about them but Lisa has given me loads of encouragement. Before I met Lisa, I'd never go swimming or wear shorts, but she's helped me feel a lot more confident and we've done both of those things this year.

I never pressed charges against Darren 'cause I know it was just a

## BRUSH WITH DEATH

stupid accident and besides he was a good mate. But we don't see as much of each other these days. Luckily, the police never charged us either.

Even though I've finished all my treatment, the physical and mental scars of my accident will be with me for the rest of my life. But I've learnt a lot of lessons from it.

Sniffing anything or doing drugs is out of the question for me now. You can easily lose control and end up doing something dangerous. I may be badly scarred, but at least I'm still alive."

## Advice

● Messing with drugs is always risky, but sniffing solvents, petrol or gas is particularly dangerous.

Not only do they give you a nasty thick-headed feeling, but it's incredibly easy to suffocate or poison yourself. Passing out or losing control can also lead to life-threatening accidents just like Steve's.

● If you want more information or advice on any drug, then call the National Drugs Helpline on freephone 0800 776600.

Reality bites ★ Reality bites ★ Reality bites ★ Reality

# "Protected by a friendly spirit"

**Jane, 12,** reckons there's a genial **ghost living in her bedroom...**

**P**eople always say that cats can sense spirits. If that's true, then my room's definitely haunted, but in a nice way. Smokey, my younger brother's cat, spends his life in my bedroom. I've got a hamster so I don't like the cat being left alone in the room, but it's impossible to get him out of there without dragging him away. It's as if he senses a special atmosphere.

Last summer, while I was revising for my end-of-year exams, I decided I needed some shelves for storing all my textbooks. Dad bought me some really nice, old-looking ones and put them up directly above my bedhead. Dad's OK at DIY so I didn't think there was anything to worry about.

### **Handy premonition**

Then one night about a week later, I stayed up late revising and fell asleep on my bed. While I was asleep I dreamt about a weird pair of hands pushing me to safety. I woke up with a start and suddenly my dream came true – I actually felt a pair of hands shove me roughly off the top of the bed.

I landed on the floor and just as I did so there was a huge crash as the bookcase fell off the wall and all the books tumbled down. If I'd still been on the bed I could've been really hurt.

The noise was so loud that Dad ran in to see if everything was alright. I was so shocked, I didn't even get off the floor. 'I'm fine but I've just been pushed out of bed.'

As told to **Lara Williamson** All names have been changed. Photo: **Dave Watts** Posed by model



**"I dreamt about a weird pair of hands pushing me to safety"**

I stammered. When I told him about the eerie hands I'd felt, Dad just said the shelf screws must have worked loose.

### **Soothing spirit**

But Dad couldn't account for me being pushed 'cause there was no-one else in my room. I don't think he believed me – but I know what happened. It was so freaky I even had to sleep in my parents' room that night.

Since then, I've had a few other unexplained experiences in my room. Once I knocked some

**WORLD OF STRANGE**

lighted candles onto the carpet but they immediately went out, even though there were no windows or doors open, without even burning the carpet.

Recently things have been quiet. I've never actually seen the good spirit, but I know it's there. My room has this lovely warm atmosphere, like there's something there protecting me from harm. I'm not scared about what happened to me that night anymore. I'm just grateful that something – or someone – saved me from a nasty accident."

# "My f

**Margaret Holt** (right) was horrified when her dog Penny leapt off a multi-storey **car park**...

**M**y pedigree Schnauzer Penny was my best ever birthday present. I got her nearly two years ago when she was a puppy, and she's lovely. She adores playing, and if you roll around on the floor she'll jump all over you.

Then last Christmas I got some rollerboots. Not wanting to ruin them in the snow, I asked Dad to drive me and Penny to Basingstoke so I could skate in the undercover precinct. Dad got bored after an hour or two, so we went back to the car which was parked on the first floor of a multi-storey car park.

I sat in the back taking off my boots and Penny leapt in beside me. Then she spotted some pigeons on the other side of the car park. She loves birds and when she sees one she always barks and chases them off.

# "I've go

**Thomas Mitchell, 16,** (right) is 6ft 7in tall, with feet to match...

**T**homas has always had big feet. Since he was 11 years old his shoe size has generally been the same as my age. It was fine when I was 14 'cause most shops go up to that size. But when I was size 15 it started getting difficult and now I'm size 16 it's impossible to get shoes to fit.

I have to get them through a mail-order catalogue which imports shoes from America, but the choice is usually basketball boots, basketball boots or basketball boots! Occasionally they'll get a pair of half-decent shoes in and then everyone with the catalogue thinks, 'Thank God!' and orders them so they run out really quickly.

Even socks are difficult. They usually only go up to a 15 so I have to buy tube ones without a heel shape, which are then a bit short.

# Reality bites Reality bites Reality bites Reality bites Reality bites Ying dog's barking mad!"

Then she bolted past me out of the car. The pigeons flew away, but one landed on the ledge of the car park and I could see Penny's little nose twitching as if she was planning to catch it.

## Pup, pup and away

Suddenly she jumped up onto a barrier, then onto the wall, but before she could reach it the bird flew off. Penny's a bit dim, and must have thought that she could fly too because she leapt off the wall after it.

I just saw her back legs disappearing, but it happened so quickly there was no chance of stopping her. I knew it was a 30-foot drop onto the concrete below and she was only a little dog.

My heart stopped beating and my legs turned to jelly. I just couldn't bear to look over the



Hey you, pup in the sky: Penny with Margaret

**MAD MAD WORLD**

**"It was a 30-foot drop to the concrete below, and she was only a small dog"**

edge, because I was sure she'd be dead or seriously injured. There was no way she could survive.

I started crying, 'Get her Dad, get her.' He tried to reassure me, shouting, 'She's going to be alright!' as he ran down the stairs to get her.

## Rover the edge

I couldn't follow because I was struggling to pull off my rollerboots, but the laces were in double knots. In the end, I hobbled down the stairs with only one

boot on, and met him halfway carrying Penny in his arms.

He had found her at the bottom standing on all fours, stiff with shock.

We went straight to the vets, but he couldn't feel any broken bones. He gave Penny an injection to help her out of the shock, and some painkillers. She was quite sleepy for the rest of the day but we couldn't believe she'd fallen so far and not hurt herself badly.

We spoiled her rotten, but three days after the accident we noticed she was limping. The vet gave her an X-ray and found she'd broken her paw. They put a pink bandage on her foot and now she's fine, although still a little sheepish.

We've always said Penny was small enough to be a cat – and now we've found out she's got nine lives. Well, eight now! She may not be able to fly, but she's an amazing wee dog and I'm lucky to have her."

As told to Lorraine Fisher Photo: INS

# Foot flippers for feet!"

I'm 6ft 7in tall now and my feet are 34cm long. When people first find out it becomes a talking point and they say, 'Wow, that's cool' but in reality it's a pain. I can't do loads of things my mates take for granted.

## Trotter trauma

For instance, I can't go tenpin bowling or ice skating because they don't do footwear to fit. But the worst thing was finding that my size 16s could stop me from skiing on a school trip to Evolene in Switzerland this February with 70 of my classmates.

I booked and started paying for the holiday months ago, and was really looking forward to it. At the time I was worried I might not be able to get boots big enough, but my PE teacher said I'd get a pair no problem. I don't think he realised



Thomas: no mean feet

**"The choice is usually basketball boots, basketball boots or basketball boots"**

how difficult it is getting shoes in such a giant size.

Then in December we had our first lesson on a dry ski slope. But when

I tried to hire boots, the biggest they had was a size 14. I spent ten minutes trying to squeeze my feet into them before giving up.

Since then, the company we're travelling with have

tried everything to get me size 16s, inquiring as far away as America, Holland and Austria. In the end, the best they could offer was a specially made pair which would cost £1000 – which just isn't worth the money.

Unless someone out there has got some outsize boots they can lend

me (hint, hint!), my only other option is a pair of size 15s. I'm just hoping I can squash my feet into them – if not I'll probably go on the next trip and just toboggan. It's pretty bad.

## BODY BLUES

Plates of meat

But there is something to be said for having huge feet. I've not had to play rugby for three years because I can't get studded boots big enough, which is fine by me! And they're handy for swimming too. I'm West England backstroke champion in my age group and it's a cinch when we use floats and just kick our feet in the water during training. Hence my nickname – Flipper."

# "My twisted sister"

FAMILY FARRAGO

**Jess, 15, and her sis were best buds. But one party changed all that...**

**M**y sister Maxine and I were always close. Although she was 16 and I was 14, we were like best friends and if I ever needed advice she was the first person I'd turn to. But when she started college, Maxine began making new friends and didn't want to know me any more. She'd say, 'I'm too busy to listen to your baby problems.'

Gradually we stopped talking. In the old days all her friends were my friends too, but now Maxine went mad if I spoke to her new mates.

One night though, Maxine let me come bowling with them all. But later a friend of hers said she'd been saying horrible things behind my back. I was really hurt.

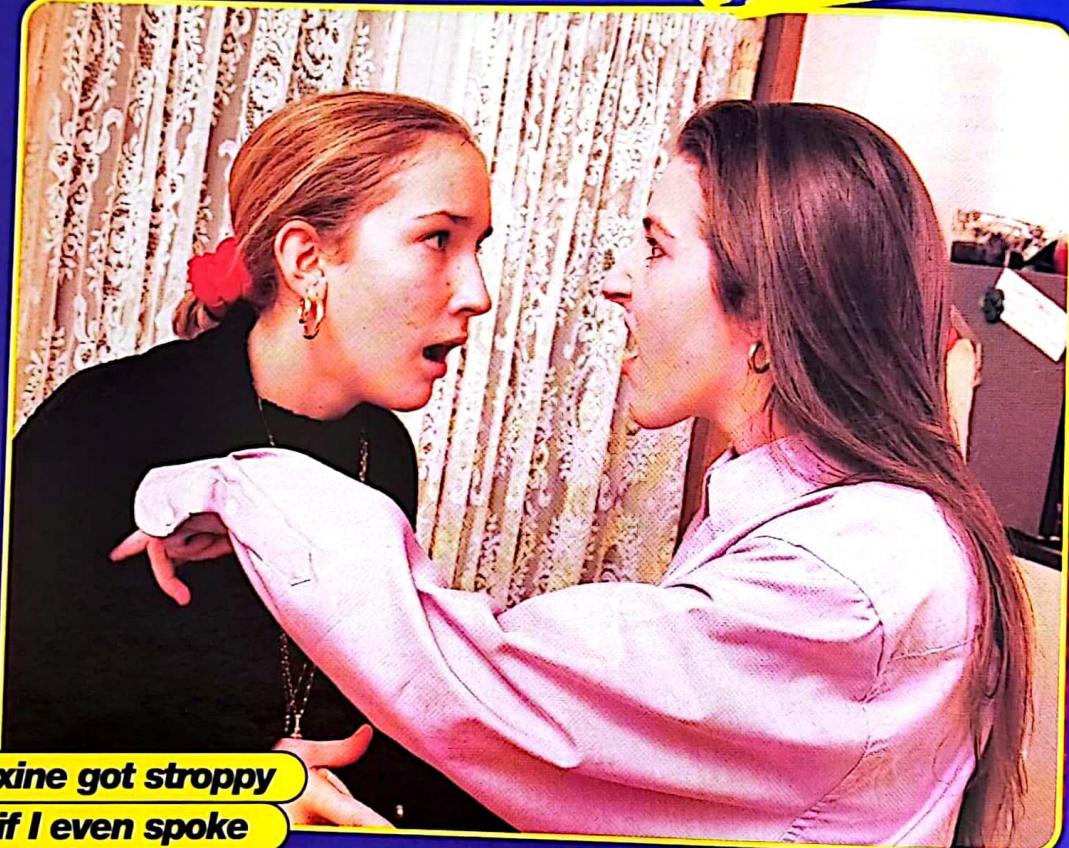
## **Big night out**

Then a mate of Maxine's called Amanda invited us both to her birthday. I knew Maxine would be furious if I said yes, so I pretended I had flu.

The night of the party, Amanda came to pick up Maxine and said, 'You don't look ill. Why not come?' When Maxine agreed I was thrilled.

There were loads of older college people there, so I was relieved to spot a boy I'd met once before called Dean. I'd got a bit of a crush on him so I started chatting to him.

Later I noticed Maxine giving me really bitchy looks. By then Dean's girlfriend Kate had arrived. I wasn't jealous 'cause I knew he was already taken. Then I saw Maxine



**"Maxine got stroppy if I even spoke to her friends"**

whispering to Dean. I couldn't believe she'd blab that I fancied him, but right after, Dean and his mates all creased up and looked at me. I felt mortified.

Filled with dread, I asked Maxine what was going on. She just grinned and said, 'Well, it's true isn't it?' I realised she'd told Dean I liked him.

## **Beyond belief**

Worse still, she'd told Kate I was planning to beat her up. Even more shockingly, she'd told Dean that if he didn't go out with me I'd said I'd tell everybody he'd raped me!

I couldn't believe my own sister could do something so terrible. I ran out, rang Mum and got her to

pick me up early. For the first time in my life I really hated my sister.

The next morning I burst into tears and it all came out. Mum was furious with Maxine and demanded she ring all her friends and tell them the truth. But Maxine started making excuses, and to this day I don't know if she phoned anyone.

It's been over a year now, but Maxine still doesn't feel guilty. She's never apologised and claims it was just other people stirring.

I've never been able to tell her how devastated I felt, and these days we speak only if we have to. I bumped into Dean last month, but we didn't even say hi. It's his problem if he believed stupid gossip.

These days I don't trust people

easily and tend to keep things to myself. I don't know whether I'll ever feel the same way about Maxine. I'd love us to be friends again but who needs enemies when you've got a sister like mine?

## **Advice**

- Sometimes a sibling needs space to grow and change. Maxine probably felt secretly intimidated by her new scene, and threatened by Jess's popularity. Getting possessive over friends is a sign of insecurity, so try to talk through how you both feel.

Reality bites Reality

# Snog fest



## STAR LETTER

### Simply the best

Dear Greg,

We've had our ups and downs but we always manage to sort them out. You're so good to me when I go through rough times, as you're always there to hear my problems. If I'm upset, your phone number's the first thing I reach for. I wanna thank you for being the best boyfriend ever. Love you more than words can explain.

Love  
Kirsty  
x x x x  
(Cheltenham)

## Prove to you

Dear Lee, my gorgeous babe,

When you said we were over I thought you were joking. We'd been in love so long, I thought we'd be together forever. I'm writing this to prove I'm still deeply in love with you. Our love is special Lee, so please, please let's try again.

I'll always love ya!  
4 eva...

Sam  
XXX  
(Oxfordshire)

## Hold me baby

Dear Dean,

We've been together over a year, and I want you to know that from the day we met 'till the day we die, our love will never fade. You've made me so happy and I'm so lucky to have you. So darling hold me, 'cause I love you.



Love Nikki

(Kent)

## Special love

Dear Steve,

I want you to know that I love you very much. We've shared many great times together and I can talk to you about anything, no matter how personal. Thank you for always being there, even when I'm being difficult. You're special!



Yours forever

Alison

(Worcestershire)

Send your letters of love and photos to 'Snogfest', J17, 20 Orange Street, London WC2H 7ED. The writer of the star letter each week wins a bottle of Les Belles de Ricci for girls who are young, fresh and different! Remember we can't print letters without a photo!



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# LOOK

# wh



**I**t's a little-known fact that when your mum discovered she was preggers, her and Dad got sent on a 'Parentcraft' course. As well as learning practical skills like nappy-changing and weaning small tots onto solid foods, Ma 'n' Pa also got plenty of tips on how to chief their children. This is why all parents trot out the same old lines in times of oldster/youngster conflict...

## Wrinkly reprimand No 1

**"You're not going out dressed like that!"**

**Cut to the chase:** What the olds are really saying is you'll heap shame and derision on the family if you're seen out in public wearing a micro mini skirt\*/\*customised Manics tee\*/unbuttoned winter coat\* (\*delete where applicable).

**Anti-adult action:** If it's just a simple case of doing-up

a few buttons, then swallow the pill of defeat and do 'em up. But if your parents are threatening your rights to freedom of expression and dress-code, then devious deeds are called for. Follow in the footsteps of thousands of teens before you and hide what you really want to wear in your bag, sneak it out and then change in the Burger King loo.

**Similar sarky sayings:**  
"Is that a skirt or a belt?"  
"I wouldn't be seen dead wearing that." "You'll catch your death if you go out in those skimpy clothes!"

## Wrinkly reprimand No 2

**"You treat this place like a hotel!"**

**Cut to the chase:**

This little phrase is meant to play on your conscience, by suggesting that you never tidy up and generally treat your nearest 'n' dearest like the hired help. Nowt wrong with that.

**Anti-adult action:** You have two options. Either really treat the

homestead like a hotel and demand room service and satellite telly in your room. Or you can pull the same trick on them. Every time your mum asks you to put the kettle on or babysit your sibs, provide her with a bill for your services. If she protests, hit her with, "You treat me like a servant!" She's bound to see the error of her ways. Or p'raps not...

**Similar sarky sayings:**  
"What did your last slave die of?" "D'you think the fridge fills itself?" "D'you think we're made of money?"

## Wrinkly reprimand No 3

**"Boys are only after one thing"**

**Cut to the chase:** As far as your doting parents are concerned all boys, be they tiddlywink champions or born-again Christians, just want to get their mucky mitts on yer. They are vile, trouser-shaped, walking hormones who spend all their time thinking about

**"Every time you put the kettle on, provide your olds with a bill for your services"**

## Wrinkly reprimand No 4

**"What time do you call this?"**

**Cut to the chase:**

On the thorny topic of curfews, parents tend to get all illogical. Why else would they use this stoopid phrase which doesn't actually mean anything? Although they're worried about your personal

# It's talking back

- why is it that you're squillions of sarky? Well, 'cause we've got some of our own...

something beginning with the letter 's' and we're not talking *Sportsnight*. (Although they think about that too!)

**Anti-adult action:** You're gonna have to get the oldsters to look Satan in the face, as it were. Your parents need convincing that not all lads are Liams in the making. Invite your boy buds round for some civilised tea and buns. As they politely offer to help with the washing-up and make scintillating small talk about their GCSE options, your pesky parents are bound to re-think their reasoning.

**Similar sarky sayings:**

"He's no good for you." "It's not that we don't like him, we just think you're too young to go steady."

safety when you're out at night, never forget that curfew = power.

**Anti-adult action:** You already know how to get out of this one. But the I'm-staying-round-Rosie's routine can mean instant withdrawal of all privileges when you're found shaking your booty at the hottest club in town. A better tactic is to argue a compromise and then just as you walk out the door, call over your shoulder, "I'll give you a ring if I'm gonna be late." Never fails, ha!

**Similar sarky sayings:**

"You're not going out on a school night." "You'll only be tired and grumpy in the morning."

**"They say all boys are vile, trouser-shaped walking hormones"**

**Cut to the chase:** By using your mates as examples of good behaviour, your oldsters are trying to make out you're the most terrible teen on the block. They're hoping that some positive peer pressure will cure you of your horrible habits. Yeah, right.

**Anti-adult action:** It's a dirty job to be sure, but you have to chief your mates in front of your 'rents at every opportunity. The only problem is that your parents will just employ an audacious double standard. In the middle of an argument, if you defend your right to eat chocolate for brekkie with the words, "But Vicki's allowed to," your oldsters will immediately retaliate with, "We're not talking about Vicki, we're talking about you."

Sometimes you just can't win.

**Similar sarky sayings:** "I'm sure Nathalie's parents never have this problem." "Emma seems such a nice girl - why don't you hang out with her?"

## Wrinkly reprimand No 5

**"I bet Susie never argues with her parents"**

## Wrinkly reprimand No 6

**"If you watch any more telly, your eyes will go square"**

**Cut to the chase:** If your eyes *did* go square from repeated exposure to *ER*, you'd make medical history. But this is your parents' amusing way of telling you to remove yourself from the screen and do some science homework.

**Anti-adult action:** The best thing to do in this situation is hope that your school does a GCSE in media studies, so you can while away many hours watching soaps with the excuse

that it's educational. If your 'rentals fail to go for this one, you then enter the murky waters of TV rationing. Like, you get to watch ten minutes of *'Enders* for every French verb you successfully conjugate. Life just isn't fair, as your olds are constantly reminding you.

**Similar sarky sayings:** "There's more to life than television, you know." "Let's turn off the TV and have a proper talk - as a family."

## It's only words

OK, so parents say daft things. But here's some smart one-liners you can use to get your own back...

★ **"Choo, choo get on the clue train!"**

★ **"Welcome to the '90s oldsters!"**

★ **"It's just a phase I'm going through"**

★ **"Your little girl just went and got herself a life"**

★ **"I'm a teenager, y'know, and being annoying is my job"**

★ **"Take a chill pill, pur-lease"**

★ **"Stop stifling me"**

★ **"Look, stop pretending that you understand me!"**

## Tasty talent

**1 Sean's a good ole American boy, but his favourite pop group is Britain's finest, Pulp.**  
"I saw them in the States when they supported Blur. I really dig the fact that Jarvis wanted to knock out Michael Jackson and I really love their lyrics."

**2 Yup, Sean loves all things British, but he's got no desire to move to Blighty.**

"I really love London, but I'm a weather person. I like sunshine and warmth, but there are lots of pale, depressed people walking about in the UK."

**3 Sean had to shave both his locks and eyebrows to play a spook-powered loner Powder in his new film called, erm, Powder.**

"I shaved my head and thought I looked good without hair. Then I shaved my eyebrows and I didn't look OK anymore. I looked like a freak, I looked like a mosquito larva."

**4 In the flick, it's hinted Powder might be an alien. And Sean has plenty to say on the subject of extra-terrestrials.**

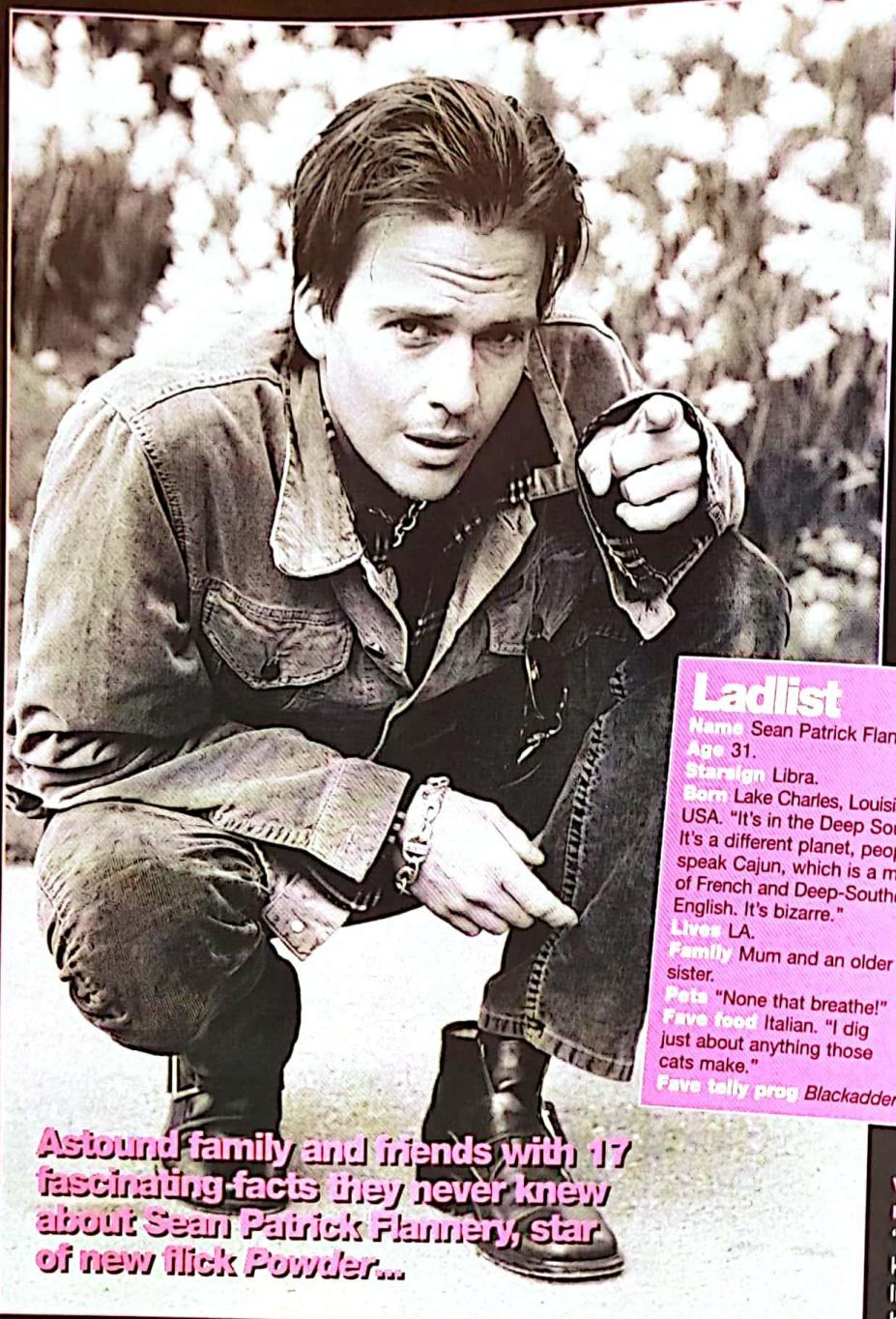
"I think that someone would have to be majorly brain-dead to think that we're the only living creatures in this vast universe. But alien abduction stories are bizarre – anyone with the technology and mental capacity to get to our galaxy isn't going to stick a blunt instrument in an abductee's eye."

**5 Sean's idea of a good date isn't about wine 'n' roses.**

"My perfect date is when my abdominal muscles hurt at the end of the night. Y'know – when you've been laughing so hard that your cheeks hurt and you're crying."

**6 Sean thinks his mum's prime goddess material.**

"I know it's the law that you love your mum and she's perfect, but mine really is. All my friends call her mom too. She drinks in life and



**Astound family and friends with 17 fascinating facts they never knew about Sean Patrick Flannery, star of new flick Powder...**

# FLANNERY FORTUNE

exudes happiness – it's contagious. She's a very inspirational woman."

**7 Sean has an elder sister but they don't get on.**

"We're from totally different planets. We don't even fight – you have to disagree about something to do that. We've never discussed anything long enough to reach that stage."

**8 Sean lurves laidback lasses.**

"My ideal woman shouldn't be afraid to look like a total moron. For instance, she could have spaghetti on her face and not give a damn."

**9 He might be a hotshot LA actor, man, but Sean's buds are strictly non-famous.**

"When I first moved to LA from Texas where I grew up, I waited tables and did bar work, so most of my friends are from the restaurants where I used to work."

**10 Sean's a bit dubious about people who live in LA and decide they want to become, like, rilly famous.**

"People from small towns act because they love it. But in LA people say, 'I think I'll get some

head shots made and try to get an agent', like other people say, 'I think I'll have salad for lunch today.'

**11 Sean was the star of the ever-so-slightly naff telly prog, The Young Indiana Jones Chronicles.**  
"I did it for five years. It kept me out of the country, away from home and friends for 365 days a year and I'm glad it's done."

**12 Sean hankers to be a super-hero.**  
"I could jump over things. And I could fly. I'd love it."

**13 Sean's guy hero is nerd supremo, Bill Gates of Microsoft.**

"He purchased one of the twelve codes of lunar movement and put it on display in Rome. I mean, hats off to the guy, he's not gonna make any cash from it, but he put it on display." (No, we don't know what he's on about either – Ed.)

**14 He was a wild one when he was a nipper and no mistake.**

"I was a punk and a skate kid. I grew up skating and listening to bands like Killing Joke when everyone else was into Bon Jovi."

**15 Sean's a bit of a surf boy.**

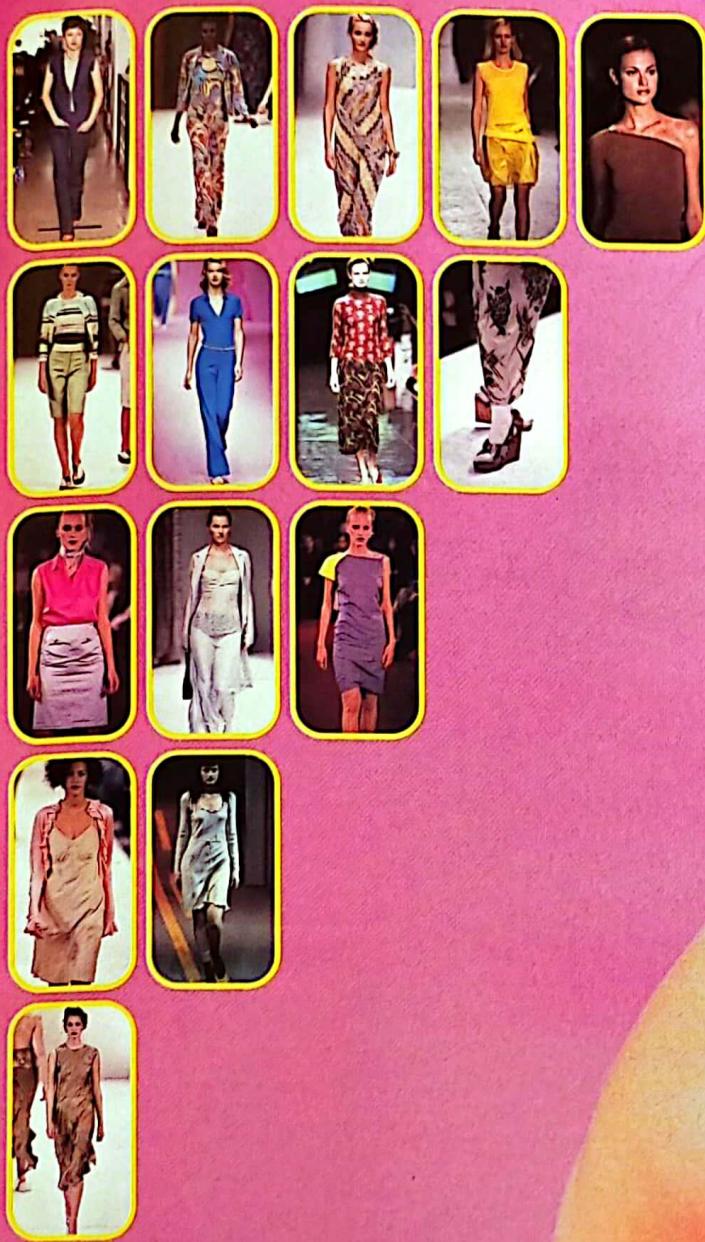
"I guess it's boring 'cause all Californian guys surf, but I love it. Six o'clock in the morning, sitting on your board and watching the sun come up when there's no-one about – there's nothing better."

**16 Sean's chill-out time is equally low-maintenance.**

"I like hanging out with my friends at my house, I'm not one of those guys who goes to the Viper Room. I love going to the movies too."

**17 Finally, what gave Sean the acting bug? Pure lust.**

"I was at university doing business studies when I saw this gorgeous girl leaving the drama department every Monday. I dumped an English class, signed up for drama and fell in love with acting."

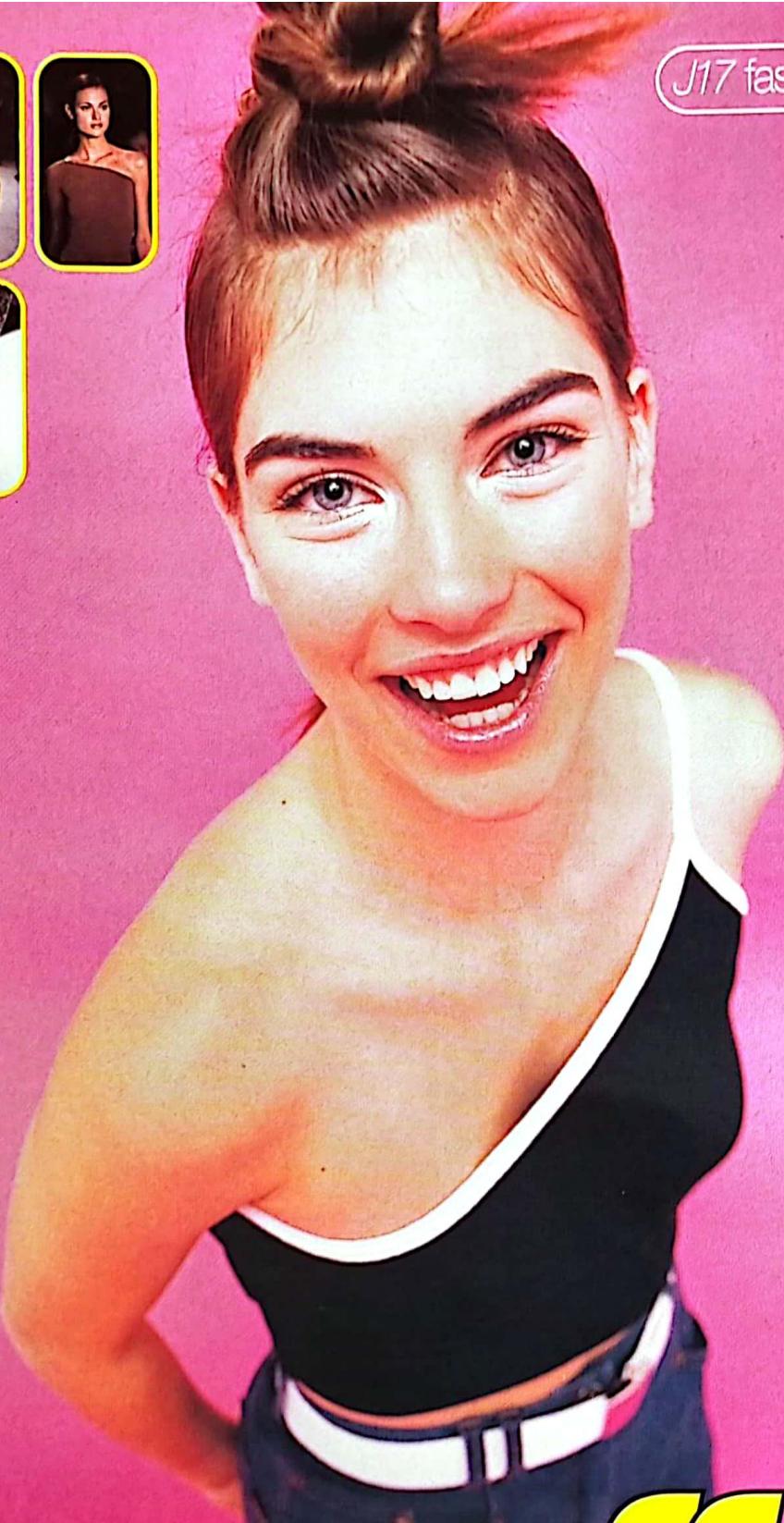


**Asymmetric a one-sided situation**

**Letitia**

Black one-shoulder crop top £7 from **Top Shop**

★ Blue hipster flared jeans £59.95 style no: 76S 430L by **Biba** from **Look Again** catalogue ★ White belt £8 by **Otto Glanz**



# Show-offs

Our essential spring style guide pulls catwalk creations off the runways and into a high street near you...

# Show-offs



1 Blue any shade is big news!



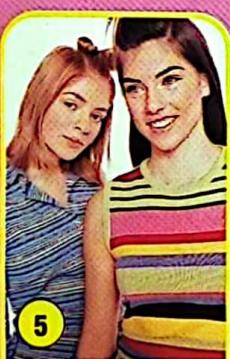
2 Missoni (snoot designer) zig zags move on into spring



3 Neon flashes are brighter than the average spark!



4 Wedges'll give you a lift



5 Stripes are straight or diagonal



6 Pink marches into military for cool candy girls!

1 **Letitia** Dark turquoise slit-front top with collar £17.99 by **John Zack** **Trese-San** Navy blue V-neck top £35 from **French Connection** **Holly** Blue floral top with cowl neck £24.99 by **Diva** 2 **Holly** Brown zig zag dress £49.99 by **Diva** 3 **Letitia** Boob tube £47 by **Antoni & Alison** ★ White trousers from £44.99 by **Farah** 4 Black mules with basket weave platform £60 from **Jones Bootmaker** ★ Pink handbag £9.99 by **Pepe** 5 **Holly** Blue striped shirt £25 from **Miss Selfridge** **Letitia** Striped tank top £17.50 from **Miss Selfridge** 6 **Trese-San** Pink shirt £21.99 from **H&M Hennes**



It's all sheer and frills in pastel shades for new romantics

**Holly**  
Turquoise sheer shirt with frill £15 by **John Zack** ★ White sheer top £20 by **John Zack** ★ Lavender hipster skirt with frill £13 by **John Zack** ★ Blue mules with buckle £24.99 from **Next**



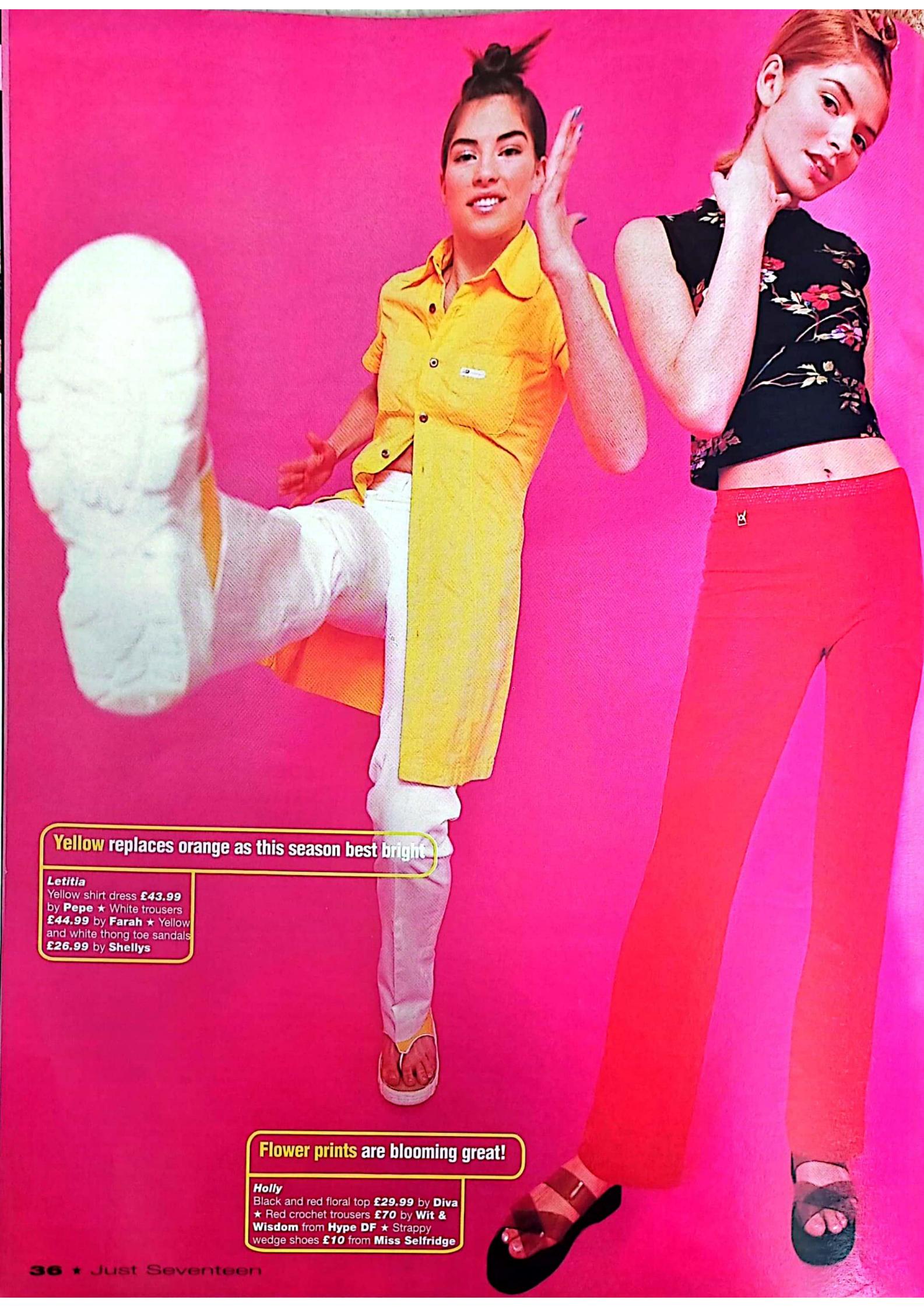
Earth girls get with natural prints and suede

**Holly**

Leaf green and sky blue criss-cross top £39 from **Sisley** ★ Green criss cross skirt £21 from **Benetton** ★ Beige suede short boots £36.99 from **Office** .

**Trese-San**

Beige suede dress £80 from **Miss Selfridge** ★ Red bag £23.99 by **Pepe** ★ Brown wood-soled shoes £26.99 from **Shellys**



**Yellow replaces orange as this season best bright**

**Letitia**

Yellow shirt dress £43.99  
by Pepe ★ White trousers  
£44.99 by Farah ★ Yellow  
and white thong toe sandals  
£26.99 by Shellys

**Flower prints are blooming great!**

**Holly**

Black and red floral top £29.99 by Diva  
★ Red crochet trousers £70 by Wit &  
Wisdom from Hype DF ★ Strappy  
wedge shoes £10 from Miss Selfridge

# Show-offs



## Bold psychedelic prints for retro chicks

### Letitia

Green and brown print dress £24.99 by **Body Best**

★ Brown wedge shoes with ankle strap from a selection at **Jones Bootmaker**

### Holly

Blue and orange print dress £24.99 by **Body Best**

★ Brown wood-soled shoes £26.99 from **Shellys**

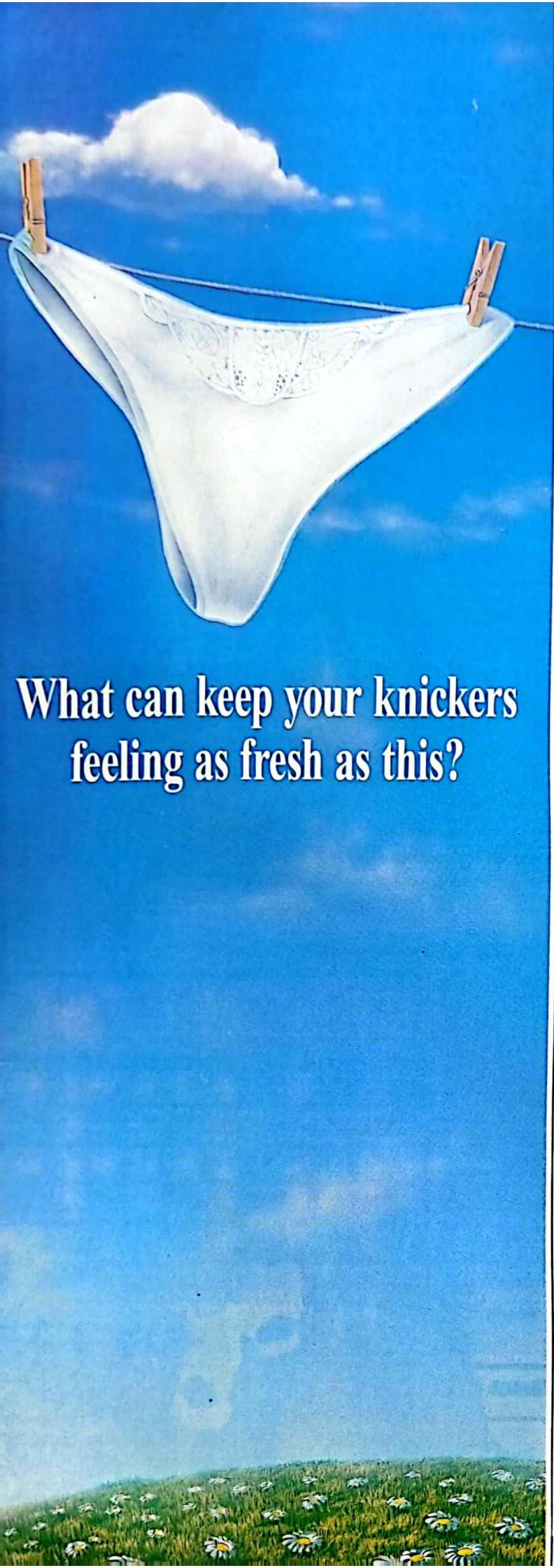
## Stretch denim in funky new styles

### Trese-San

Dark blue denim all-in-one £44.99 from **H&M Hennes**

★ Navy blue belt £14.99 by **Pepe** ★ Blue and white trainers £59.99 by **Puma**

Photography by **Neil Cooper**  
Fashion by **Teresa**  
Hair/Make-up by **Clare Ray** at **Bramwell O'Donnell** using **Cosmetics à la Carte**  
Models: **Holly** at **Storm**, **Trese-San** and **Letitia** at **Mathews and Powell**

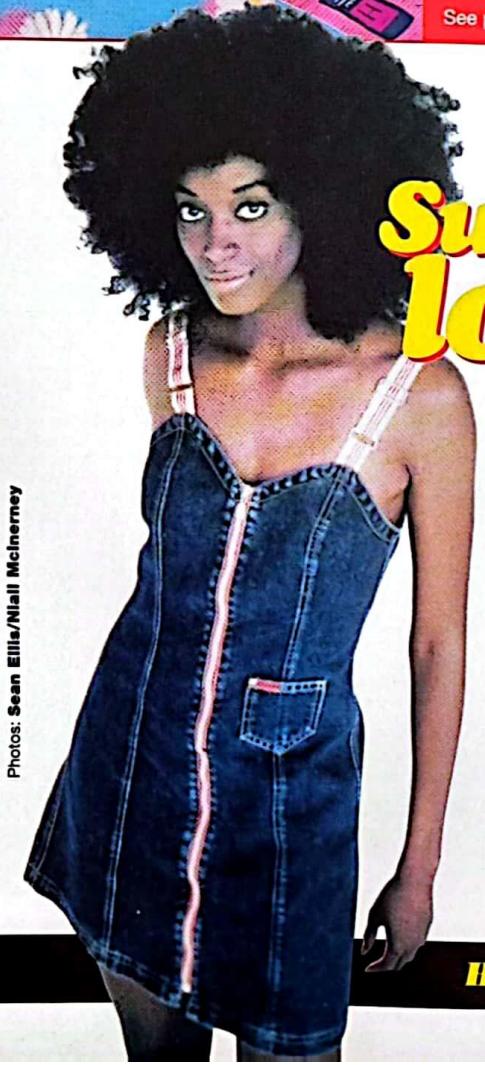


What can keep your knickers  
feeling as fresh as this?

# Fashion

## MOST WANTED

Best buys, top ideas by the fash crew



Photos: Sean Ellis/Niall McInerney

## Summer lovin'

Lee Cooper's fab new range includes this ace dress £34.99, shiny luminous jackets, and loud clashing prints. Hey, that's what shades were invented for!

Meanwhile, the man in your life can sharpen up his act in Hawaiian printed shirts, bright T-shirts and wet-suit fabric jackets. It's been dubbed 'tourist' fashion and it's gonna be one of the hottest new looks for this summer!

**Hot tip:** stick

### Keep the *Faith*

Part company with £24.99 or more at hot shoe shop **Faith**, and you'll find an excellent goodie bag amid yer change (while stocks last). It contains some splendiferous **Salon Selective** stuff and a wicked CD – a compilation of top tunes by bangin' DJs like Norma Jean Bell and Subspecies. What's more, we've got 50 of these CDs to give away! Just call 0891 408836 and leave your details.

See p41 for comp rules.

# Scare wear

Never fails. A new season means the designers bring some new fashion horrors to life. Frankenstein wouldn't be seen dead in 'em (but Bianca Jackson would!). Get a load of these...



## Close encounters

We'll keep this brief (haw haw). If you're looking for something special for your top drawer, **Miss Selfridge** has just the stuff. These daisy print knickers £12.99 and vest £13.99 are a mere glimpse of what's on offer this spring.

## Tee for two

Street gals and guys have been sporting some very eye-catchin' tees lately, thanks to design team **Ack-Ack**. Their cool clobber also includes hoodies and record bags. Wear with a skateboard!



Boys' tee £23, girls' tee £21

## Where it's at!

**A**ck-Ack 01978 263663 ☎

**A**ntoni & Alison 0171-275 7033 ☎

**B**enetton 0171-731 4564 **B**ody Best 0171-323 0302 ☎

**C**&A 0171-629 1244

**D**amart 01274 510000 **D**iva 0171-637 0267 ☎

**F**aith 192 Oxford street, London W1, 0800 2892971 **F**arah 01376 502345 **F**rench Connection 249-251 Regent Street, London W1, 0171-580 2507

**H**&M Hennes Oxford Circus, 57 Neal Street, London WC2, 0171-240 0135 **N**ext 01162 849424

**L**ondon W1, 0171-255 2031 **H**ype **D**F 48-52 Kensington High Street, London W8, 0171-938 3801

**J**ones Bootmakers 01323 649408

**K**nickerbox 0800 393624

**L**ee Cooper 0181-450 3144

**L**ook Again catalogue 0800 333444

**M**iss Selfridge 0171-436 8280

**N**Neal Street, London WC2, 0171-240

**O**ffice Shoes 57 Neal Street, London WC2, 0171-240 0135

**L**ondon WC2, 0181-838 4447 **O**tto **G**lanz 0181-365 1711

**P**epe 0171-836 8666 **P**uma 01372 360255

**S**hell's Oxford Circus, London W1, 0181-450 0066 ☎

**S**isley 0161-929 9259 **S**ock **S**hop 01524 271071 ☎

**T**he Hat **S**hop 58 Neal Street, London WC2, 0171-836 6718 **T**op **S**hop

Oxford Circus, London W1, 0171-291 2351

□ denotes mail order

some badges on your jacket, à la Gaultier



This can.

The delicate smell of fresh washed laundry. A slim, discreet shape. A comforting cottony softness. That's Carefree Laundry Fresh. The panty liner that keeps your knickers feeling fresh on and you feeling good.

And with the hypoallergenic fragrance on the back of the liner, your skin's protected, too. No wonder Carefree's the most popular line in panty liners.



For that fresh on feeling.

**Model mates**

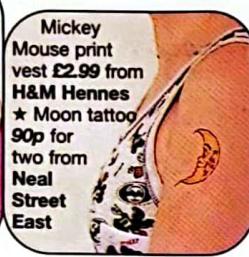


## Pyjamarama

Dream on under the covers in tiptop jim-jams...



**Mickey**  
Mouse print  
vest £2.99 from  
H&M Hennes  
★ Moon tattoo  
90p for  
two from  
Neal  
Street  
East

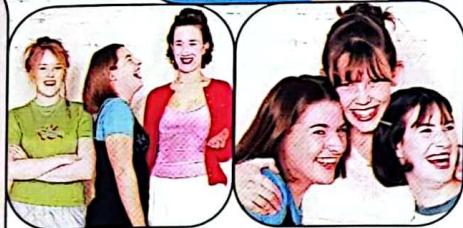


**Lucy**  
Red T-shirt £31  
by Antoni &  
Alison ★ Blue  
pyjama bottoms  
£11.99 (part of a  
set) from H&M  
Hennes

**Sian** Beige  
lace thermal vest £7.99  
from Damart  
★ Red shorts (part of  
set) from a selection  
at Top Shop



**Sarah** Red alpine pattern hat £23.50  
from The Hat Shop ★ Pale blue V-neck  
t-shirt £9 from C&A



**Natalie** Pink tactel vest £13 and  
matching bra £10 both from Miss Selfridge  
★ Red cardigan £33 from Sisley ★ White applique  
drawstring pants £29.99 (part of set) from Next



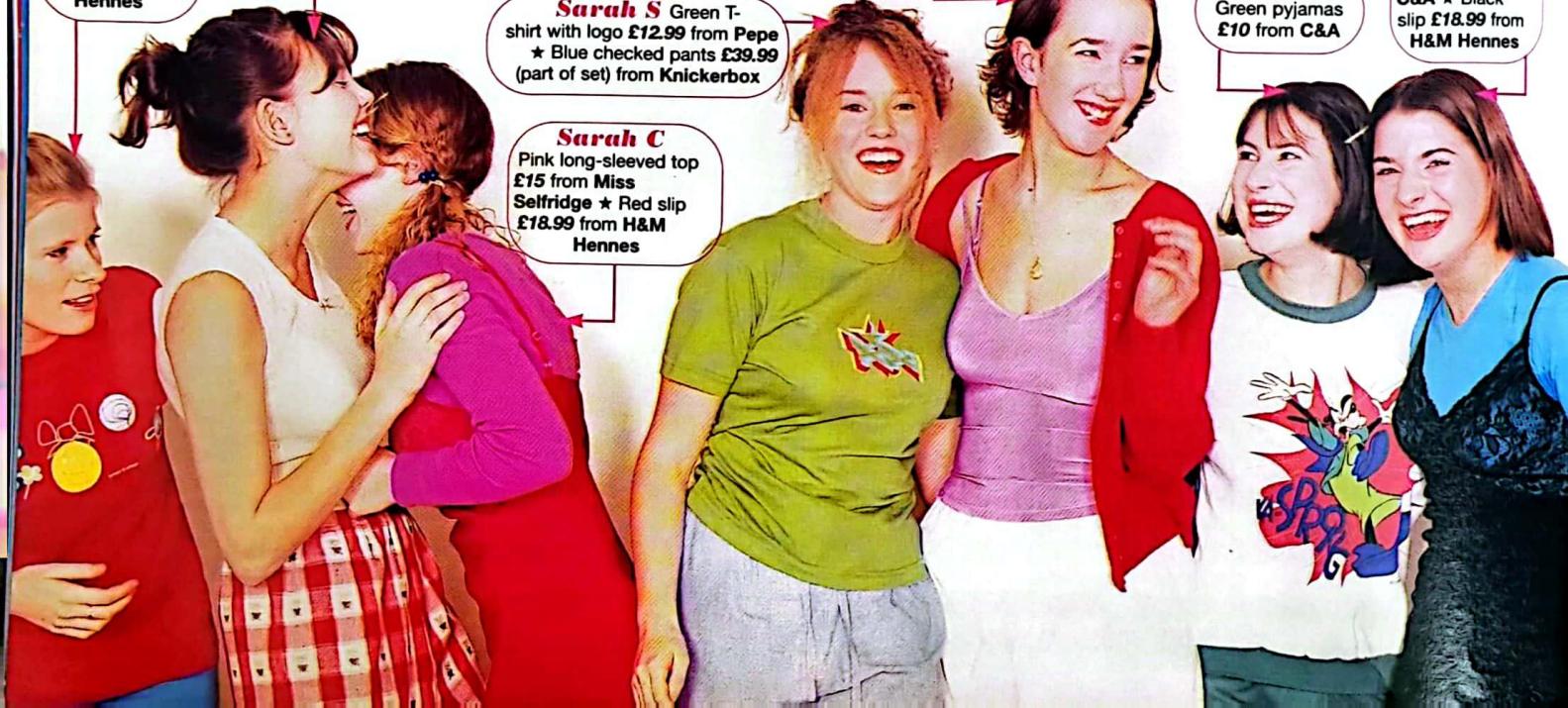
Pictures by Karl Grant  
Hair and make-up by Lee  
Buckle and Carol Morley  
Fashion by Lara S  
For stockists see p 51

**Sarah S** Green T-  
shirt with logo £12.99 from Pepe  
★ Blue checked pants £39.99  
(part of set) from Knickerbox

**Sarah C**  
Pink long-sleeved top  
£15 from Miss  
Selfridge ★ Red slip  
£18.99 from H&M  
Hennes

**Anna**  
Green pyjamas  
£10 from C&A

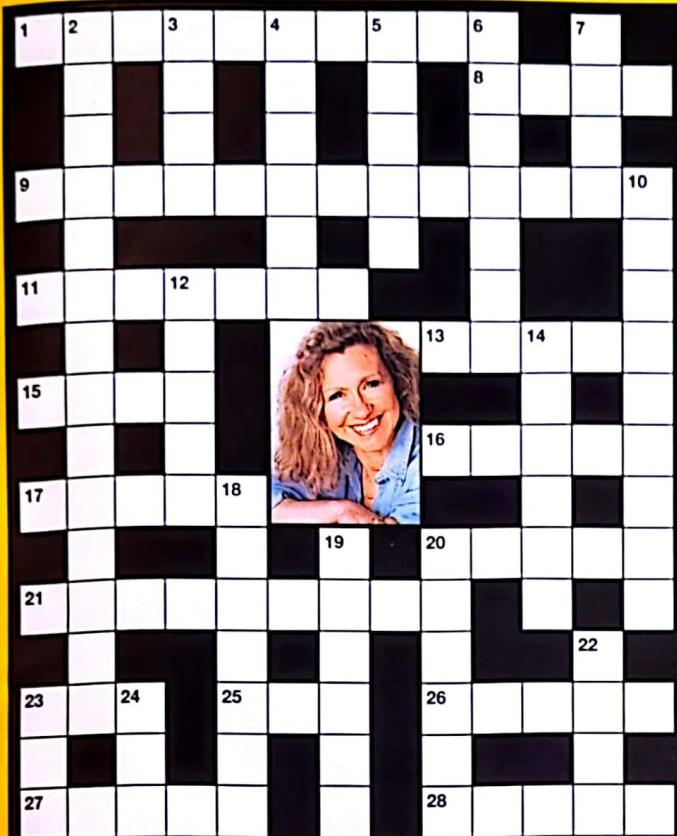
**Zoe**  
Blue V-neck  
T-shirt £9 from  
C&A ★ Black  
slip £18.99 from  
H&M Hennes



# WIN! WIN! WIN!

## Monster videos

Ted Danson searches for the mysterious but lovable monster in feelgood flick *Loch Ness*. It's an enchanting story with amazing special effects, and we've 20 sets of the video plus a cuddly Nessie up for grabs. Complete the following Xword and send it to: **J17/Loch Ness, Prize Xword 445, 20 Orange Street, London WC2H 7ED by 14 February.**

**ACROSS**

- 1 See photocue (3,7)
- 8 See 4 down
- 9 TV comedy starring Chris Barrie (7,6)
- 11 & 12 down She's the female member of Pulp (7,5)
- 13 Peter with the pecs! (5)
- 15 American TV award (4)
- 16 Little 'un gives Mark Owen debut hit (5)
- 17 Jimmy Nail wore the crocodile kind (5)
- 20 Do U —? East 17 choon (5)
- 21 He stars in *The Last Of The High Kings* (5,4)
- 23 — Oh So Quiet (Björk) (3)
- 25 TV's time-travellin' Dr — (3)
- 26 Cassettes (5)
- 27 Olster Gary who had a hit with Cars (5)
- 28 — Gorgeous, Baby Bird croonathon (5)

**DOWN**

- 1 Toni Braxton's chart plea (7,2,5)
- 3 Ooh Aah — A Little Bit (Gina G) (4)
- 4 & 8 across Christina Ricci, Demi Moore and Melanie Griffith are in this movie (3,3,4)
- 5 — You (3T) (1,4)
- 6 Could be Gately or Dorff (7)
- 7 Scary movie starring Mark Wahlberg (4)
- 10 TV soap that brought you (unfortunately) The Woolpackers (9)
- 12 See 11 across
- 14 It's an LL Cool J hit (4,2)
- 18 He's Ricky in *EastEnders* (3,4)
- 19 Robson and — (6)
- 20 Killing Me — (Fugees) (6)
- 22 TV presenter Dani (4)
- 23 Kelsey who quit 10 down for *Grease* (3)
- 24 He was *Neighbours'* hunky handyman (3)

**CROSSWORD ANSWERS 443 22 Jan**

**ACROSS:** 1 Bart Simpson; 7 Ian (Hart); 9 Every Day Is A (Winding Road); 10 & 13 The Bill; 11 (Alec) Gilroy; 15 Oasis; 17 Julia (Ormond); 18 Ben Watt; 19 Wellard; 22 (Meg Ry) Andre (w. Barnmore); 24 Dean Cain; 25 Betty **DOWN:** 1 Breathe; 2 (Keanu) Reeves; 3 Say You'll (Be There); 4 Miami; 5 (She) Said; 6 Niagara; 8 (No Woman) No Cry; 12 Insomnia; 13 Blue Peter; 14 & 20 Lois Lane; 15 Sister Act; 18 You've Got It! Bad; 21 Ryan (Giggs); 23 Nice (Guy Eddie)

**NAME:** \_\_\_\_\_**ADDRESS:** \_\_\_\_\_**XWORD 445**

## Get to those phones!

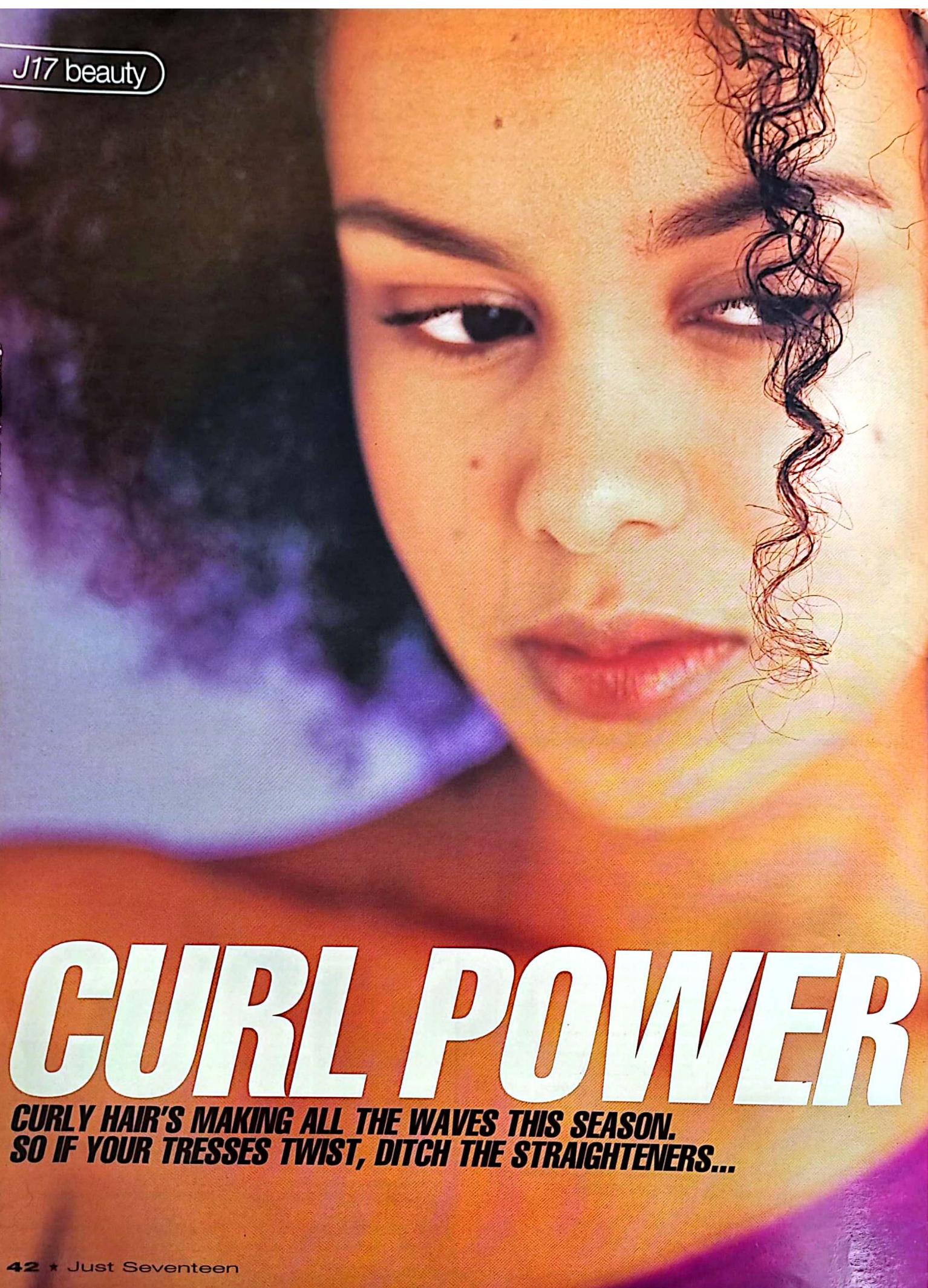
Page 38: Win Faith goodies and CDs  
Phone your answer on 0891 408836

Closing date for competitions 14 February 1997. Please remember that calls to these lines are more expensive than ordinary calls. You should always ask the permission of the person who pays the phone bill before making the call. Calls are charged at 45p per minute cheap rate and 50p per minute at all other times.

# ENTER THE T-ZONE



**HEY GIRL - GIVE IT A SWIRL**  
THE T-ZONE SKIN CARE RANGE WITH TEA TREE OIL  
IS AVAILABLE AT LARGER BOOTS & SUPERDRUG STORES  
AND OTHER LEADING CHEMISTS.



# CURL POWER

**CURLY HAIR'S MAKING ALL THE WAVES THIS SEASON.  
SO IF YOUR TRESSES TWIST, DITCH THE STRAIGHTENERS...**

## SHOWDOWN



It's good news for curly-haired chicks everywhere, who've had enough of the eternally straight-haired supers. This season sees curly hair getting the big thumbs up from designers and backstage stylists alike. From long, flowing gypsy-style ringlets to halos of fluffed-up curls, every type of wavy hair turned up on the catwalk, to run rings around poker-straight locks.



## RINGLETS ROCK

Cool chicks with curls:

Lorraine from 'Enders'

Mel B

Marie Du Santiago from Kenickie

Chelsea Clinton

Nurse Carol Hathaway from ER

Neneh Cherry

## TWIST AND POUT

### ● How to boost waves into curls, by hair technology experts **Braun**

"With the **Braun** Supervolume Twist £26.99, curling's never been easier. Twist the dial, and the hair's teased into an S shape as it dries, creating a mass of loose curls."

### ● How to blow-dry curly hair, by top hairdresser **Trevor Sorbie**

"Gently towel dry hair, then liberally spray with **Sorbie** Curl/Forme Energiser £3.59 to energise curls. Place a diffuser on the dryer, divide hair into easy-to-manage sections, and gently scrunch the ends into the diffuser - holding it close to the head. Dry hair on a medium heat, making sure hair is dry at the roots. Once hair is completely dry, don't use a brush or comb, but gently run fingers through to give shape."

### ● Getting the right cut, by haircare experts **Bodacious**

"Go for soft, rounded shapes and avoid anything that needs straight lines, such as fringes or

geometric styles. To avoid sticky-out bits for a softer finish, curly hair can be 'chip cut' - where the hairstylist 'chips' into the hair, rather than cutting straight across."

### ● How to get this season's girly look, by hairstyling experts **ShockWaves**

"Squeeze some **ShockWaves** Curl & Shine Definer £2.29 into your hands and distribute through towel-dried hair. Allow hair to dry naturally or diffuse dry, scrunching curls into shape. Spray **ShockWaves** Creative Styling Spray £2.29 all over and tease curls into shape. For full glamour, push hair back with a diamanté band, to frame your face and give hair shape at the front."

### ● How to control frizz, by **Trevor Sorbie**

"Always condition your hair well. Try to leave conditioner on for ten minutes before rinsing. To prevent curly hair becoming wild and stressed-

looking, try not to use a comb or brush. Instead, apply a styling product to boost moisture and shine in frizzy hair, try mixing with a small amount of deep conditioner) and rake fingers through hair to separate curls."

### ● How to care for Afro hair, by black beauty experts **Naomi Sims**

"Afro hair is unique, so you'll get the best results with products specially designed for Afro hair."

**Naomi Sims** haircare products have been formulated to address all the problems associated with black hair. Shampoos cleanse without stripping the natural oils - which are essential for keeping black hair pliable and glossy. Conditioners repair and reconstruct the hair, leaving it stronger and healthier."

**Naomi Sims** haircare products range from £7.85 to £11.30, and are available from department stores and by mail order (tel: 0181-594 9923 for details).



## CREST OF THE WAVE

Perfect products for preening and pampering curly hair...

- To restore your curls' springiness use **Aussie** Curls And Curves £2.99
- Pricey, but a real treat for dark curls, is **Aveda** Cherry/Almond Bark Reconstructive Hair Conditioner £12
- Miracle frizz cures include **John Frieda** Frizz Ease Hair Serum £3.95 or **Results** Hair Taming Serum £5.95
- To gently cleanse coarse hair, try using **Daniel Field** First Aid Therapy Shampoo £2.99
- Ease over-curly hair with **Salon Selectives** Detangler Conditioner £1.99 or **Aussie** Slip Detangler £3.99
- Revive drooping curls with **Salon Selectives** Curl Booster Mousse £1.99
- And control those wild and wayward curls with a drop of **Sam McKnight** Thermal Spray Gel £3.25

# Beauty

## MOST WANTED

Hot hair and slap tips by Jessie



The new Waterbabe collection at **Cover Girl** has this summer's make-up trends licked. Copy **Niki Taylor's** look by

### Sea breeze

splashing out on aquatic blues, greens and corals – the range hits the shops next week. **J17** especially loves the icy pale turquoise and aqua nail colours (NailSlicks in 'Neptune Blue' and 'Sea Shimmer', £3.49) and the wild lip colours: pale blue 'Neptune Blue' Continuous Colour Self-Renewing Lipstick £4.49 transforms into a silver-blue pink on your lips, while minty green 'Sea Shimmer' turns magically into a silver pink. **Go try!**

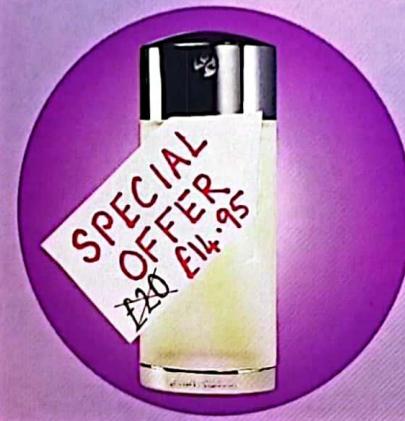
### Our favourite's favourite

You wouldn't have thought supermodels had to scrimp on make-up, but apparently **Naomi C** uses her dark brown **Aveda Definitive Eye Pencil** in 'Cacao' £8 to outline her lips as well, before filling them in with clear lip gloss. Poor love.



### Scent savers

Next time your mum drags you to **Sainsbury's**, don't moan: take the opportunity to treat yourself to your favourite swank fragrance for a special low price. Sainsbury's now stock many top scents at supermarket prices, including **XS Pour Elle** for £14.95 (recommended price £20), **L'Air du Temps** for £13.95 (recommended price £21.50) and boys' stuff, like **Fahrenheit** for £14.95 (recommended price £22). You can also ring through your order on freephone **0800 854 640** and your fragrance will be delivered to your door.



### Beauty Q&A

#### Frizz fighters

**Q** I love wearing my hair in sleek up-dos when I go out, but I can never get rid of the stray bits that stick up around my parting. Any ideas? **Helen (17), Newcastle**

**A** Here's a sneaky tip hairstylists use to get models' hair

looking perfect for the cameras: lightly spray an old powder brush (the bigger and flatter the better) with hairspray and use to brush the hairs flat.

### Pampering up for grabs

**W**in a day at a health farm for you and a mate! Health and beauty specialists **Superdrug** have teamed up with luxurious health spa **Hoar Cross Hall** in Staffordshire to offer a lucky **J17** reader the chance to treat her best mate to a day

enjoying all the facilities at Hoar Cross Hall, including **hydrotherapy pool, spa, steam and saunas, gym and exercise classes**, plus **poolside lunch and free drinks**. (You'll have to make your own travel arrangements to and from Hoar Cross Hall). The winner and 10 runners up will also receive a goody bag of head-to-toe mineral enriched pampering goodies, as part of this month's Get Fresh Get Fit campaign at Superdrug. To enter, send your name and address on a postcard to **J17/Superdrug Hoar Cross Hall Competition, PO Box 419 London WC2H 7TL** before 28 February.



#### Eye opener

**Q** Do eyelash curlers hurt? **They look really scary!** **Jennifer (14), Scotland**

**A** Eyelash curlers may look a bit like torture devices, but they don't hurt a bit – honest! If you're nervous, look for the chunky plastic type rather than the traditional metal ones, as they are truly idiot-proof, with no chance of catching your skin in the clamp. Look into a mirror, open the curlers, wiggle your lashes into the gap, then squeeze.

• Don't fret in silence – send your beauty problems to Jessie c/o 'Beauty Most Wanted', J17, 20 Orange Street, London WC2H 7ED, and we'll solve 'em for you.

**Hot tip:** is your lippy right? Try it with no other make-up. A good shade'll make you look prettier at once

# Snog secrets

**Pucker up for Valentine's Day with luscious lipcare from Labello...**

**T**he most important snog date of the year is nearly here - but there's still time to get your smackers in smooching condition for Valentine's Day. Just in time for 14 February, lipcare experts Labello have added nourishing Vitamins to their Labello Classic lip balm to give direct, long-

lasting care to chapped lips. As well as moisturising and healing dry lips, Labello Classic now contains Vitamin E, and Provitamin B5 to soothe and protect sore smackers and lock in moisture. Wave dry, sore, chapped lips goodbye - and kiss Valentine snogs hello.

## Two's company

**An emergency two-minute makeover for neglected lips...**

- ★ Start by applying a layer of a good lip balm such as Labello Classic. Then leave for approximately 30 seconds to soften your lips.
- ★ Wet your toothbrush and use to gently rub flaky dry skin from your lips.
- ★ Apply another layer of lip balm for long-lasting kissable lips.

## Kissing kit

**The Labello range has everything your lips desire...**

- ★ For daily care, vitamin-enriched Labello Classic costs just £1.19.
- ★ For a touch of sheer, rosy colour, Labello Rosé £1.19 combines a highly effective lip balm with a subtle pink sheen.
- ★ For intensive care, Labello Med £1.59 has added moisturisers and liquorice extract to rescue badly chapped lips.
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### HOT LIPS HOTLINE

Fancy getting a mystery gift through the post this Valentine's Day (or know someone who does)? Consider it done.

**Labello** will send an anonymous Valentine's card and a free

**Labello** UV stick to every reader who calls **0891 600105**. Leave your own name and address to guarantee yourself a card and try fab **Labello** lip balm for yourself, or leave the name and address of a mate (or a crush!) as a mystery Valentine's treat. Calls can cost up to £1 so ask your 'rents first. Closing date is 12 February.

Calls cost 50p per minute daytime rate and 45p per minute at all other times. Maximum call cost is 99p. Please ask bill payer's permission before dialling.

# advice

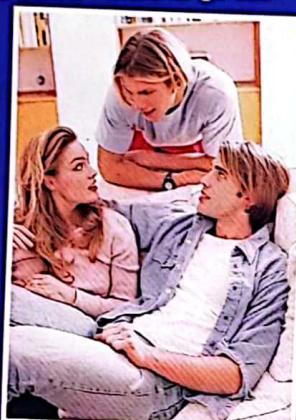
Write to: Anita Naik, Nick Fisher or Annabel G, Advice, Just 17, 20 Orange Street, London WC2H 7ED. It would be helpful if you could include your age and the area you live in. Unfortunately Just 17's Advice columnists cannot answer your problems on the telephone. If you have an urgent problem, please contact ChildLine free on 0800 1111 – we work very closely with them – or Careline on 0181-514 1177 (calls to Careline will be charged at the local rate and will appear on your phone bill).

## I'm in love with his brother

I'm a 16-year-old girl who's in love with my boyfriend's brother. Two weeks ago I started having an affair with him, and now we secretly meet a couple of times a week. I want to go out with him properly, but he says he could never leave his girlfriend and betray his brother. I feel so trapped. Is there anything I can do? *Spice Girls fan*

● This secret affair won't stay a secret for much longer. Sooner or later, someone will see you and your boyfriend's brother out together and then things will really go crazy. I think you have to ask yourself why you're carrying on with this affair and your relationship. It doesn't take a psychic to predict you're going to end up hurt and upset.

As for your boyfriend's brother, well, he's fooling himself too, if he thinks that by having an affair with you he isn't betraying his brother already. Save yourself all the grief and end this affair as soon as you possibly can.



## They watch me eating

Whenever I sit down to eat, I feel as if everyone is watching my every move and laughing at me. It all started when my friends started to say I didn't eat enough and began to worry I was anorexic. I'm definitely not, but this didn't stop them from talking about it. Now I've started to skip lunch to avoid their comments and eat alone in my room when I get home. That way no-one can see me. Is this weird? *SS (14), Oxfordshire*

● I'm not surprised you feel so funny about eating in public. If someone watched my every move at the dinner table, it would put me off eating in front of people too. What you need to do is tell your friends to stop talking about you. Then you can start trying to make yourself eat in front of people. It won't be easy at first, but the more you do it, the easier it gets.

Try not to think about embarrassing yourself or being watched when you sit down to eat. Instead, concentrate on what you're eating, and who you're with. Contrary to what you may think, no-one's waiting for you to make a mistake – they'll be too busy stuffing their own faces!

## I'm gay and alone

I'm a 16-year-old lesbian and scared to death of telling anyone. I'm very close to my family, but I'm afraid to admit the truth. My family often make jokes about lesbians and gays, so I know they'll be horrified if I come out. As for my friends, I've told them I'm gay and they said they were OK about it, but inside I think they hate me. I feel so alone. *J17 reader*

● Discovering you're gay is never easy, because so many people are prejudiced. Your family make crude jokes because they probably don't know anyone who's gay. As for your friends, you can't read their minds, so it's important you trust them. It doesn't cost much to give them a chance.

It would also help you to talk to someone in a similar position. Try the Lesbian and Gay Switchboard on 0171-837 7324 – a 24-hour service for anyone in need of help.

## I can't cope

I'm such a disappointment to everyone. I feel depressed all the time, so I'm boring when I'm out with my friends and no-one wants to date me. My parents are always angry with me because I don't do well at school, and I hate myself for it. All this makes me upset because I want people to be proud of me. I just can't cope with my life, but I feel so guilty as I have everything I could want. Why do I feel like this? *Anon (15), Suffolk*

● Depression's usually caused by keeping feelings and emotions inside. It's an easy thing to do, especially when you believe you've no right to feel happy. You have to learn to deal with your fears, instead of bottling them up.

If talking to a parent or a counsellor sounds scary, try writing down how you feel. This will help you see things clearer, and may give you courage. Careline on 0181-514 1177 and ChildLine on 0800 1111 offer confidential help.

## Dad's pal touches me

I'm 14 and very worried about a friend of my dad's. He acts really strangely around me, and makes me feel very uncomfortable when we're alone. He touches my legs or kisses me on the lips. He also makes suggestive remarks, but because he says them in a jokey way, I don't feel I can say anything. My 18-year-old brother has noticed it too and says I should tell Dad. But I worry that I'm imagining it, or that my dad won't believe me. What should I do? *Friends fan, Milton Keynes*

● Trust your instincts. If warning bells go off when this guy comes near you, then he's up to no good. And the fact that he kisses you on the lips, makes sexual comments and touches you only when you're alone, proves it. As for your dad not believing you, that's unlikely.

This man might be his friend, but you're his daughter – and you come first. If you're worried about speaking out, talk to your brother again. He knows the truth and can back you up. Good luck.

2



**Anita Naik**

Just Seventeen Brook Advisory

## ADVICE LINES

Worried or anxious? No-one to turn to for information? Well, here's your answer. J17 has teamed up with Brook Advisory Centres and put together seven information lines to help you when you're in need. (The lines run at London rates and are cheaper if you call after 6pm or at weekends.)

Missed a period?

**0171-617 8005**

Emergency (after sex) contraception

**0171-617 8006**

Information on abortion

**0171-617 8007**

Contraception - your questions answered

**0171-617 8008**

Are you ready for sex?

**0171-617 8009**

The condom line

**0171-617 8019**

Visiting a Brook Centre

**0171-617 8010**

Just Seventeen Tampax

## HELPLINES

(The lines run at London rates and are cheaper if you call after 6pm or at weekends.)

Coping with your first period

**0171-617 8045**

Periods - the facts

**0171-617 8046**

Toxic Shock Syndrome

**0171-617 8049**

NATIONAL DRUGS HELPLINE

**0800 776600**

## He makes me cry

I love my boyfriend, but he can be so nasty to me. When we're out and his mates are around, he calls me names. He says I'm fat and that my bottom wobbles when I walk. He never stops when I ask him to. If anything, he carries on until I get upset and cry. Then he just laughs and says I'm too sensitive. My friends say I should ditch him, but he's the only boy who's ever liked me and I don't want to lose him.

*Oasis fan (15), Herts*

• Putting up with a horrible boyfriend just because you don't want to be on your own is a road to ruin. The only reason to ever have a boyfriend is if you enjoy his company and like being with him. Seeing as you don't, there's no point in staying with this lad.

Anyone cruel enough to laugh when his girlfriend is crying is a complete jerk! You deserve to be with a far nicer boy than this. You may think he's the only guy who'll ever like you, but you're wrong. Leave him and you'll soon see.



## body talk

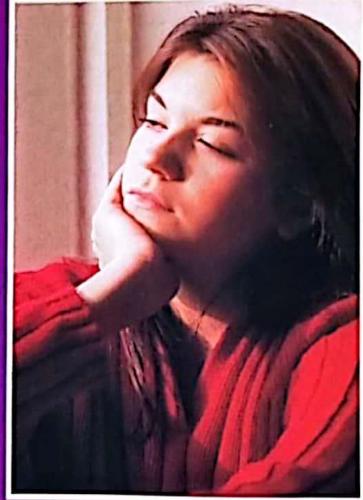
### Birthmark blues

I wish I had perfect skin, but I don't. I was born with a red birthmark on my face and don't know what to do about it. Will plastic surgery help?

*Helen (16)*

• There are two distinctive red birthmarks - the port wine stain and the strawberry naevus. The strawberry naevus begins as a tiny red spot that grows and turns a deep red - later the area becomes peppered with tiny white dots. The dots are patches of normal skin that enlarge and join up until the patch turns the same colour as the skin and disappears.

The port wine stain is a purple/red colour and is the result of malformed blood vessels. Although it won't disappear, at least it won't grow or spread. But plastic surgery rarely helps,



because the blood vessels run too deep. However, special make-up is available.

### Help yourself by...

- Realising that few people are born with flawless skin. What seems horrible to you is rarely noticeable to others.
- Checking out a camouflaging make-up range like Keromask. The foundation is waterproof and adaptable to all skin colours. These and other products are available at Boots or can be obtained on prescription.

20% DISCOUNT  
OFF YOUR FIRST ORDER

if you think it's just another  
**LOOK**  
again

**IT AIN'T THE SAME**

**SOMETHING FOR THE WEEKEND?**

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AND SPREAD THE COST WITH INTEREST FREE CREDIT

**THE ONE AND ONLY  
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YES I AM OVER 18 AND I'D LOVE MY OWN FREE COPY OF THE GREAT  
NEW LOOK AGAIN HARDBACK CATALOGUE.

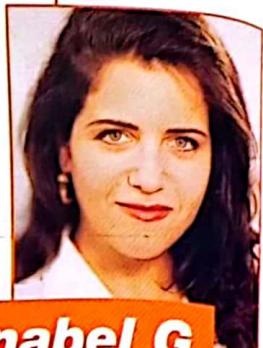
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LOOK AGAIN, FREEPOST, BRADFORD, WEST YORKSHIRE BD9 2EP.

# confidential

Send your sex-related problems to Annabel G, Advice, Just 17, 20 Orange Street, London WC2H 7ED. It would be helpful if you could include your age.



Annabel G

## My reputation's ruined

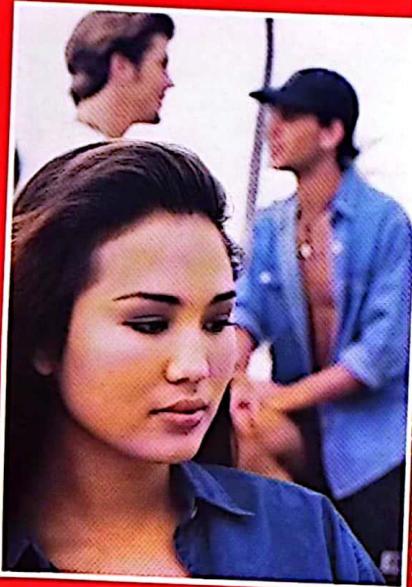
I live in a town where if you do something one day, everybody knows about it the next. Well, last weekend I gave this lad a blow job. He's part of a crowd that hangs out at my local youth club. And now every boy I see comes up to me and asks if I'd like to do the same thing to them. It's driving me mad. What can I do to save my reputation?

**Liam fan (16), Kent**

● The blame for this lies squarely with this lad. If he hadn't blabbed, no-one would know your intimate business. You can't turn back the clock, but you can learn from this. If you get steamy with someone you can't trust, you must be prepared to get hurt.

If I were you, I'd tell the other lads that you wouldn't dream of giving them a BJ and that their mate's behaved like a dork. They'll stop hassling you as soon as some new gossip hits the streets.

Finally, here's some important safety advice: AIDS experts advise that for extra protection, you should use a condom during oral sex. And if you're suffering from mouth ulcers or bleeding gums, you should refrain altogether.



## The seX Files

Half the girls in a recent survey still believed the myth that if a lad pulls out before he comes, you can't get pregnant. No wonder we've the highest teenage pregnancy rate in Europe! Remember – no sex without a condom (and definitely no sex if you're under 16, the legal age of consent).

it felt a bit tight and I didn't enjoy it all. Now I'm wondering if it will always be this way. And am I weird for having done this? I'd like to know if other girls do it too, but I'm too embarrassed to ask.

**Spice Girls fan, London**

● I'm sure many of your mates have done this. And even if they have been fingered by their boyfriends, I'll bet many of them will continue to do it. After all, masturbation is normal and healthy.

Your curiosity is natural, and although it didn't hit a high note on your sizzle scale, this doesn't mean you won't like it in the future. Also, while you're exploring yourself, don't forget your clitoris: the hot spot. You'll find this small, pea-like bump an inch or so above the opening of your vagina. Stimulate this area and you may orgasm.

## I feel so left out

I'm 14 and all my friends have been fingered – except me. So the other night, I tried to do it to myself. I managed to get one finger inside me, but

## Come again?

I touched my boyfriend's penis the other day. I didn't do it for long, because it was my first time and I felt a bit nervous. But then, all of a sudden, I felt some slippery liquid on it. I asked him if he'd come, but he said no. Was he lying?

**East 17 fan (16)**

● Nope, your lad's not telling porkies. Before a guy comes, his penis releases a small amount of pre-ejaculatory liquid. This acts as a lubricant to help sperm swim up and out of the tip of the penis. This fluid contains thousands of sperm and, although this is considerably less than a lad releases during orgasm, it only takes one of these to make you pregnant.

So don't touch your vagina after fondling his penis. And never, ever, let an uncondomed penis near your vagina either.

## My chest is spotty

I'm 14 and I've got a new boyfriend. We've snogged a few times and he's tried to touch my breasts. I'd like to let him, but I'm just too embarrassed. The problem is, I've got a spotty chest and back, and don't want him to see. So what can I do? It's making me miserable and I'm afraid he'll chuck me if I don't let him touch me.

**Upset, Liverpool**

● He'd be a complete idiot to chuck you over this. I'm sure he won't – but if he does, good riddance. You're going through puberty and this can play havoc with your hormones, which is why you've got these spots.

The good news is that your pharmacist can recommend a good cleanser and cream for acne. There are lots of good ones on the

market, so give 'em a go. If they don't work over the suggested period of time, visit your doctor and ask for advice. He or she may give you some antibiotic lotion or suggest another form of treatment.

But whatever you do, don't put yourself down just 'cause you've got some spots. For all you know, your guy's got a couple of prize zitolas beneath his woolly vest too.

## The seX Files

It only takes one sperm to make you pregnant, but did you know that a lad produces 50,000 of the wee fellas per minute? Yep, those dingly dangly things (testes or testicles) are busier than you think – not just there to keep a lad's tackle company!

## Feedback

A girl wrote in about her boyfriend wanting to have sex with her, but not promising to be faithful ('Confidential' 1 January). I lost my virginity last summer, and I thought my boyfriend was only seeing me. When I found out that he'd got off with another girl, I was devastated. I chucked him on the spot, but when he promised he'd never do it again, I took him back. Then he was unfaithful again – with a different girl this time! My advice to this reader is not to sleep with this guy. You might think you'll cope with it if he's unfaithful, but believe me, you won't. It's a nightmare I wouldn't wish on anyone.

**CB, Norwich**

● Top advice, CB. If a guy can't commit, then tell him to split! These fly-by-nights aren't worth risking your physical and emotional health over. So don't go with a lad who won't stay true to you. It's just a load of heartache and hassle.



There are a lot of things that can stop you  
getting a good night's sleep.

Like watching horror movies before bed.  
Wishing you could get something to hide

love bites. Or just wishing you had one to hide.

Then there's your period.

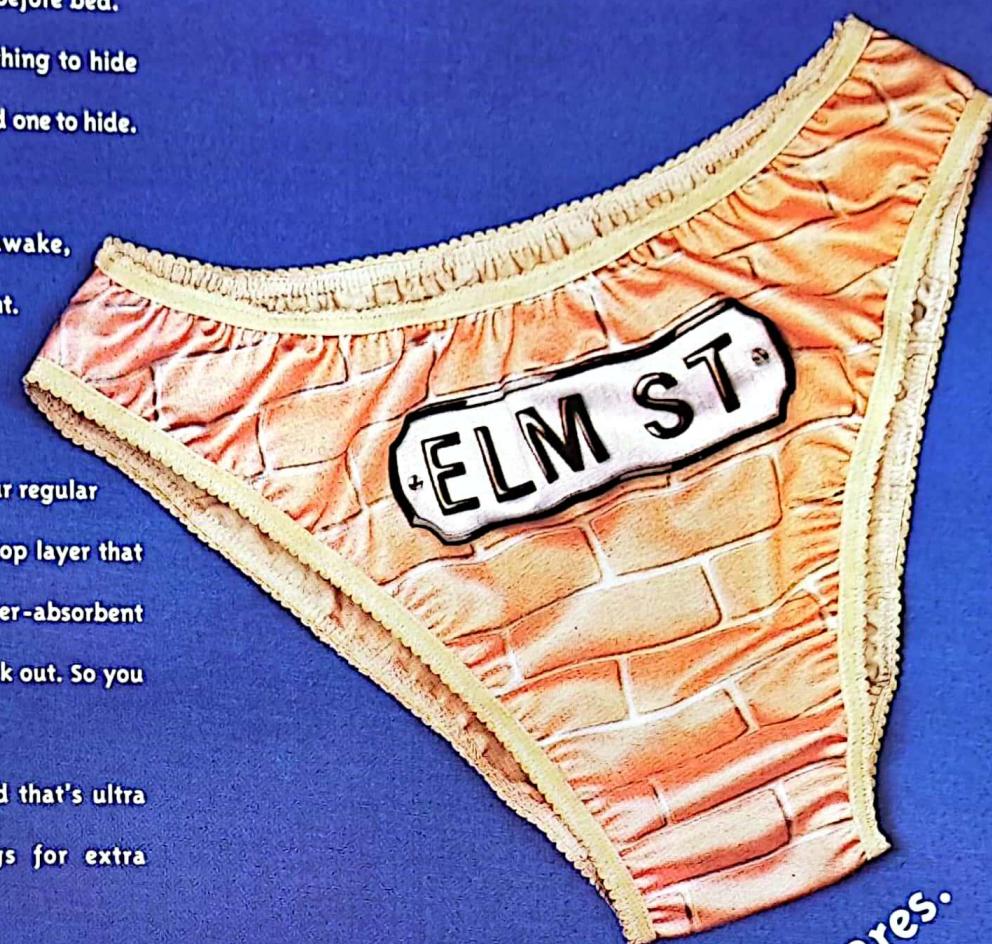
But that needn't keep you awake,  
thanks to new Always Ultra Night.

It's specially designed to protect  
you better at night.

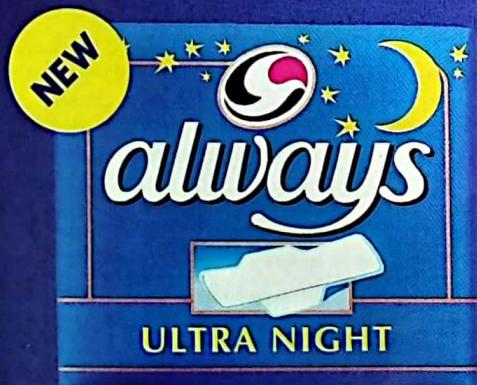
It's longer and wider than our regular  
pads, with a special Dri-weave top layer that  
draws moisture in, and a super-absorbent  
core that lets almost nothing back out. So you  
feel clean and dry.

It's the only night time pad that's ultra  
thin. And it even has wings for extra  
protection at the sides.

All of which means that an Always Ultra  
Night pad has about as much  
chance of leaking as you have of  
bumping into Freddy Kruger.



No nightmares.



ULTRA PROTECTION. ALWAYS.

# boy's view

For a boy's view on your problems, write to Nick Fisher, Advice, Just 17, 20 Orange Street, London WC2H 7ED. He's happy to answer letters from male readers too.



**Nick Fisher**

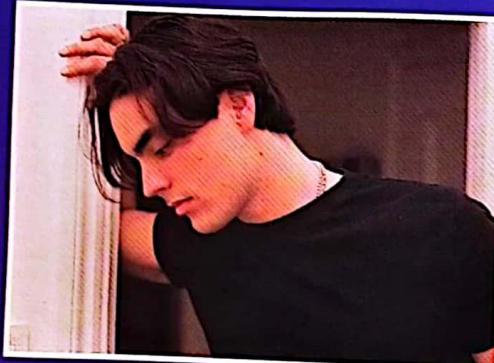
## I'm sick of one-night stands

**Every Friday I go down to our local club and usually end up getting off with a girl. But the problem is, none of the girls ever want to see me afterwards. It's as if they're only after one thing and nothing more. I know it's unusual for a guy to complain that he's being used, but this time it's different. I want more than just a one-night stand. How can I make my relationships last longer than a couple of hours?**

**John (16)**

● The way to break free of this cycle of one-night stands is to stop picking up girls in the club. You feel used because you're not getting anything out of these short-lived relationships, but obviously the girls who go there aren't interested in anything longer-term. It's not your fault – it's the circumstances in which you meet these girls which mean these liaisons are always likely to be short-term.

After all, clubs aren't the only place to meet people. Consider going to places where you could get to know girls before getting off with them. That way, you'll stand a better chance of establishing something with a bit more staying power.



## Will a baby help?

I've been going out with a guy who my parents don't like for a long time. He sometimes gets on the wrong side of the law, but he always treats me with respect and I really do love him. My mum and dad don't want me to have anything to do with him though, and they go mad every time I disobey them. It's now got to the point where my boyfriend's asked me to live with him and start a family. I'm seriously thinking of accepting, because if I got pregnant my parents would have no choice but to give in and let me see him in peace.

**East 17 fan (16)**

● If you think a baby will bring your boyfriend and parents closer together, think again. This is a really bad reason to give birth. You want to bring a child into a loving and stable environment, not an angry and difficult one. A baby is helpless. It can't solve problems.

You may not agree with your parents' evaluation of your boyfriend, but even if you do decide to go against their wishes and move in with him, don't dream of starting a family until you've made your peace with your parents.

The best way to prove your parents wrong is to make it work between you and your boyfriend, not by running away. Try and make them see some of the good in him. After all, a permanent rift with them could place severe strain on your relationship with your boyfriend. That's why you should stop and think before doing anything rash.

## We both fancy her

**I'm madly in love with a girl at school. I think she's totally right for me, but I haven't yet plucked up the guts to ask her out. I wanted to get to know her better before I made a move, but the trouble is my mate fancies her too. He doesn't know I feel the same way, but he's much more confident than I am and unless I ask her out soon, I'm scared he'll beat me to it.**

**X-Files fan**

● If you really like this girl, then getting to know her better is a smart idea. After all, if you rush up and ask her out, she may say no. And if your mate steams in and asks her, she might also say no. It's far better to develop a friendship that could grow into something more rather than being too hasty in asking for a date.

Talk to her, so she knows you like her. Be funny and interested in her. Then ask her out if the moment feels right. But don't assume that if your mate asks first, all will be lost. It's far better to be the best candidate – the one she's grown to like most – than simply the first.

## I'm too skinny

**I'm a 16-year-old boy and really scrawny. Although the doctor says I don't have a problem with my weight, it's making my life a misery. For a start, I'm one of the last lads I know to get off with a girl, and I'm sure this is because I'm all skin and bones. People call me horrible names, which doesn't help my confidence. I've tried eating loads of junk food to boost my weight, but nothing seems to make any difference. What else can I do?**

**Bluetones fan**

● The main thing is to stop worrying. Being skinny won't scare girls off, and getting heavier won't help you. Try developing a personality that girls warm to. And don't bulk up on junk food or you'll make yourself ill. Also avoid falling into the trap of competing with other guys. Wanting a girlfriend just so you can be one of the lads is a very poor reason.

If finding a girlfriend is something you want to do, then spend some time getting to know girls. Don't ask them out, just be friends for a while. Learning to communicate with girls is the way to happy relationships, not putting on weight.

## Am I too clingy?

**Last summer I finished with a guy I really loved. We split up on bad terms and I haven't seen him since. Then last month I started going out with another boy. He's really nice, but not as affectionate as my ex, and it wasn't long before I was really into him. But now, out of the blue, he's told me I'm too clingy. He says if I don't give him space we'll have to finish. Why?**

**Big J17 fan**

● Being told you're too clingy and he 'needs space' sounds like an emotional threat. It's kind of like, "If you don't fit into what I want from a girl, then you'll have to go." Everyone is different, and some guys like to show and be shown lots of affection – holding hands, kissing in public etc. Others, however, are more stand-offish.

The right partner is often someone who shares your equal desire for affection. If certain public displays make one of you cringe, then it's a good idea to talk about why. But being told you need to change or you're history isn't fair. Personally I wouldn't worry so much about what he wants. Just think long and hard about whether he's actually right for you.

# Day by day

# HOROSCOPES

by Jon Ryder

Potential  
snog  
day

Wed 5 Feb Thu 6 Feb Fri 7 Feb Sat 8 Feb Sun 9 Feb Mon 10 Feb Tue 11 Feb

**Aries**  
21 Mar-20 Apr

I wouldn't say that you're choosing the wrong friends, but your social circle is going to have an effect on your studies, that's all.

The lad you've fancied for ages decides to bare his soul to you and risk rejection as he declares his love. As if you'd turn him down.

You can't believe it's happening to you, but you decide to pinch yourself after not doing just in case you do wake up.

It sounds believable, but it's actually a total fib. Not one word of it's true. The question you have to ask, though, is why?

Being involved with this new lad seems to have given you a different, more mature view of yourself. And of him, too.

The planets put the pressure on today. You can handle it all, but there doesn't seem to be any spare time left for other stuff.

All-round Good Mood Day. Whatever you have to deal with today, you reckon you can cope. In fact, all in all, you're pretty cool.

**Taurus**  
21 Apr-21 May

When you start something new, you never know if it's going to be important or not, do you? The stars say this one is. Excellent.

The rumours have you in each others' arms, so you might as well do it in real life as well as in everyone's imagination.

You thought it was just another snog, but you were wrong. It must've been something special, as you can't stop thinking about it.

OK, you let rumour lead you into something once, but it's not the sort of thing to make a habit of. 'Specially not today.

Your parents always said you'd be glad of it some day, and so you are. Not quite in the way they had in mind, though.

It's all too much. If you're not careful you could make yourself ill carrying on like this. So give yourself an easy ride today, if possible.

The less you say, the more respect you'll get. That's not quite the way you thought it'd work, but it's nice nonetheless.

**Gemini**  
22 May-21 Jun

Are you sitting next to him because you fancy him, because he's cool to be seen with, or to get away from you-know-who?

Now you're confused. He loves you, he loves you not. Pulling petals off flowers never works anyway – or does it?

You've really started something between you and him. Whether it'll be more than a friendship, though, remains to be seen.

You're out to make an impact – and you succeed. The question is, can you handle the image you've just made for yourself?

Never seen you work as hard as this before. Is it new-found enthusiasm for school, or just new-found enthusiasm for him?

No way are you going to get through today without hurting at least one person's feelings. But if you're careful, it'll be just the one.

He likes you lots and says so, but you want more. Er, maybe you'll have to show him what you mean. Boys can be slow at times.

**Cancer**  
22 Jun-23 Jul

Mega-important day planetwise, but you may be too busy to notice anything different at first. Don't worry, it'll be there.

You're taking a big risk here – and being found out is actually the least of your worries. Don't let passion blot out all common sense.

More hot stuff between you and him. You seem determined to push this as far as it'll go. Right over the edge, perhaps?

You mean it when you say it, but do you really know what you're saying, or are you playing at being in a movie?

Another milestone passed. Funny, now that it's out of the way, you've got a better view of where you're going.

Your mum – or dad – seems to have had a change of opinion since last week. Then, it was fine. Now, it most definitely isn't.

Other people keep telling you today how much they wish they were more like you. If only they knew, you think to yourself.

**Leo**  
24 Jul-23 Aug

You've been flirting with each other for ages. Don't you think it's time you did something about it? Seize the initiative.

A laugh's a laugh, but there's a stage when you realise you've gone too far and should stop. Well done for knowing when.

There's definitely something going on between you and him. Snag is, you're too proud to admit it to each other.

An overdo-it kinda day, when you know you're going to regret it afterwards. And you're not wrong. You've only got yourself to blame.

Bringing his mate along isn't the good idea that it sounds. You soon realise you'd much rather be alone together.

School's hard today. You seem to have forgotten the things you knew how to do last week. Blame the weather, if you like.

You ought to concentrate on your studies, but concentrating on him is both easier and much more enjoyable.

**Virgo**  
24 Aug-23 Sep

A chance to negotiate a deal with your parents. Grab the chance while you can, and see what you can get them to agree to.

Being broke seems to bother you today. But you were this broke last week, too, and weren't bothered. What's changed?

The planets take pity on you. Do they send you money? No. They send you something instead that money can't buy. You'll see.

You set eyes on each other and time stops. This is, obviously, the romance both of you were looking for, even if you knew it or not.

You discover today that if you hadn't met last night, you might never have met at all. It just doesn't bear thinking about.

Money problems bite even harder today, but since the weekend you haven't really thought about it. Strange, that.

A mate looks likely to lend you a few quid – but the favours she wants in return may make it seem rather expensive in the end.

**Libra**  
24 Sep-23 Oct

So you think your life's dull? After today it'll all be different – the stars promise. All your wishes are about to be granted.

How can you be serious about him when you keep looking over his shoulder at his mate? Sort it out, and quick!

Be honest with him. Tell him how you feel. Tell him anything, actually, as long as you get close to his mate as will!

A big emotional scene at home – which you knew was coming – makes you feel a bit better. But it probably doesn't solve anything.

He can't talk to you right now, or not for long, anyway, but you don't mind. You'll wait. As long as he hasn't forgotten you.

What you do today is gonna get you a reputation as hard and selfish, but that can't be helped. There isn't any alternative.

You're supposed to be having a big thing together. But you never get to see each other. So make up for lost time today.

**Scorpio**  
24 Oct-22 Nov

A major breakthrough at home. As usual, your freedom comes at a price, but you're willing to pay it – so far, at least.

You're wondering if your shameful past will catch up with you. If you're that worried, maybe you should talk to someone about it.

What's going on here? You always turned him down before, and now you're offering him a snog. What made you change your mind?

You'll probably write two or three versions of that very special, deeply personal letter, before you get one you like.

Taking a responsible and helpful attitude at home now will pay off later. It's not a waste of time, it's an investment for the future.

Looks like you'll have no choice but to come to someone's rescue today. It may be irritating, but afterwards you'll feel glad you did.

A good day, planetwise, for asking favours. So resolve to smile sweetly, and who knows what'll happen?

**Sagittarius**  
23 Nov-22 Dec

You reckoned you'd never get the chance – but from today onwards there might be a way. Keep your eyes peeled.

Lucky, lucky day for Sagittarians. Your mate comes close and you're full of sympathy, but you're the winner and you feel great.

Yesterday's success seems to have got you noticed by one or two lads. You weren't expecting this, but now that it's here...

Oh no! One of your great spending splurges looks imminent. And you've been so good so far this year, too.

It occurs to you that what you once thought was the worst thing ever, you now rather like. Strange how tastes change.

He was way too old for you then, but a year can make a lot of difference. Is it time you got to know each other a bit better?

Best day of the week. You have a magic touch that makes everything turn out right without you having to work at it.

**Capricorn**  
23 Dec-20 Jan

Maybe you should stop being the person you think you're expected to be, and be the person you want to be. It's not that hard.

This is going to ruin your reputation as Miss Innocent, but it's going to show you what your lips are really for. Enjoy!

Strange things going on in the skies today, so don't be surprised if nothing goes according to plan. It's just a weird day.

If you tell your best mate what you intend to do, then that sort of commits you to doing it, doesn't it? Is that why you told her?

It's odd. Your future seems less clear than it did, and yet you feel more confident. Don't ask why – just take it as it comes.

This isn't the right moment for the discussion you want to have with your M 'n' D. As you'll discover when you try.

The skies have a surprise in store for you today. But if you'd thought about things a bit harder you'd have seen it coming.

**Aquarius**  
21 Jan-19 Feb

This is a very special year for Aquarians. You don't believe a word of it, but after tonight something'll make you change your mind.

Something goes click inside your head today, and you just know. You don't understand why, but you do. And you're absolutely right, too.

If you thought you'd lost him forever, it's time to think again. He's on his way back. Not today, but sooner than you think.

When you love someone, and they have no idea how much or even that you do, sometimes it's the purest passion of all.

This was supposed to happen sometime before Christmas, but didn't. Was it worth the six-week wait? You tell me.

Still thinking about that revelation you had on Wednesday? Well, act on it as you see fit, but you don't have to tell anyone why.

If he really is going to come back into your life, it'd make a mess of everything. But you'd kind of like that, wouldn't you?

**Pisces**  
20 Feb-20 Mar

Sometimes you live inside your head today, and you just know. You don't understand why, but you do. And you're absolutely right, too.

If you thought you'd lost him forever, it's time to think again. He's on his way back. Not today, but sooner than you think.

When you love someone, and they have no idea how much or even that you do, sometimes it's the purest passion of all.

This was supposed to happen sometime before Christmas, but didn't. Was it worth the six-week wait? You tell me.

Still thinking about that revelation you had on Wednesday? Well, act on it as you see fit, but you don't have to tell anyone why.

Sometimes you live on a planet of your own, and the rest of the world passes you right by. Sorry, what was that again?

Happy birthday to you! Fit footie boy Steve McManaman's 25 on 11 February. Result!

# turn on tune in turn on tv

## Don't miss this

### Miami Rhapsody

**The time:** 10pm, Wed 5 February  
**The place:** Sky Movies  
**The buzz:** Antonio Banderas stars in this gentle comedy about a gal finding out her ma's having an affair with a male nurse. Oooh, Matron!

### You Bet!

**The time:**  
6.15pm, Sat  
8 February



**The place:**  
ITV  
**The buzz:**  
Here's another

chance to see Anna Friel's better half, Darren Day, in action as he presents even more outrageous mental and physical challenges.

### The Mid-week Lottery



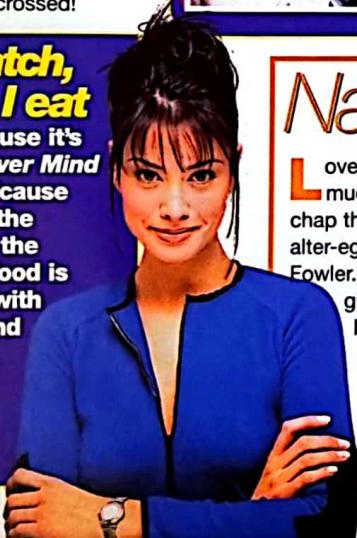
**The time:**  
8pm, Wed  
5 Feb  
**The place:**  
BBC1  
**The buzz:**  
Now your

family could attain millionaire status twice a week! Carol Smillie is the mid-week draw presenter, but don't let that put you off. Just remember to keep your fingers crossed!

### What I watch, what I eat

"I like *Corrie* 'cause it's the best and *Never Mind The Buzzcocks* 'cause Mark Lamarr is the funniest man in the world. My fave food is fried corn beef with onions, chillis and loadsa toast."

Boddingtons' ad babe, Real TV and Sky TV presenter  
**Melanie Sykes.**



## Soap Central

Switch onto our weekly round-up

### Neighbours

Karl flips out when he thinks it's Darren who sent Libby a bunch of flowers. Later he discovers it was Billy and Toady and goes even more bananas. Cheryl and Lou have a revelation during a mediation session. But it doesn't do much good and Lou says a sad goodbye.



Hey there, Georgie girl

### Brookside

Things are really hotting up on the Nat-and-Georgia front. Georgia's relationship with Peter starts to take off and Nat gets pretty jealous, so poor Rachel might be in for a bit of heartache. Meanwhile Jimmy deals with Tinhead and Mick gets some good news about a certain wedding.

### Eastenders

Oh dear, there's a bit of an atmosphere brewing up between Gita and Sanjay. Phil's trying to deal with his drink problem (what's new?), and Ricky has to look after Bianca's stall, with disastrous results. Ulp!

### Emmerdale

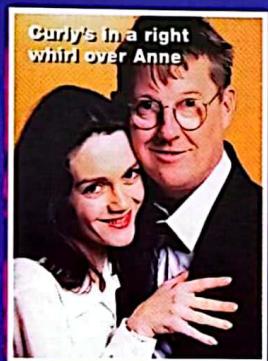
Queen bitch Kim Tate has a dramatic showdown with Frank, then disappears. Will she return? Let's hope not, for his sake. Teach Tom gets the results of the school governors' meeting about him...



Scratch 'n' tiff

### Hollyoaks

Dating is the big thing at the mo'. Ollie hits on a novel way to get Stan a girl and Jambo's after a bit of romance too. On the downside, Ruth has a row with Angela and Dawn. But Jambo and Kurt do eventually get lucky and are off on a double date. It's Valentine's Day gone mad.



Curly's in a right whirl over Anne

### Home And Away

Jesse leaves, only to return with his three-year-old daughter. Sally goes to a party and drinks too much, then ends up on a raft down the river (as you do!).

### Coronation Street

Samantha's signed Sean up for a parachute jump. Is she insane or what? And the Anne and Curly situation at work is getting way out of control...



## Of price and men

**A**manda de Cadenet, Keanu's buddy, has been slagging off the opposite sex. "Men are like piranhas," she moans. "It's as if they think everyone has a price. But I just think, I don't know what kind of car you drive, I don't care what studio you work for, I just ain't into you."

But it sounds like Mands might have met her dream date, on the Internet.

"He's a guy in a band, and I think he's really hot," she coos. "He wrote a letter on my computer, and said he'd just split up from his girlfriend." Must be a lurve byte.

## Nappy happy

**L**ovely Todd Carty is a much more cheerful chap than his *EastEnders* alter-ego, miserable Mark Fowler. He and Dina, his girlfriend of 19 years, have just had a baby. "All the tea in China couldn't buy the joy of fatherhood," says Daddy Todd about the birth of his son

James. Ah, bless. Todd's also been bonding with Dean Gaffney (aka Robbie Jackson), who's got twins. "Dean recently said 'Todd, we're both dads.' We both had big grins on our faces." Now all we need is for Peggy Mitchell to open a crèche in The Vic...

# tune in turn on tune in tu music

## Jocastaways

Jocasta have re-released the poptabulous *Go, so J17* decided to ask lead singer Tim all about it... What's the single about?

Where d'you want to go?  
"It's not really about going anywhere – it's more about letting things happen or making things happen yourself. It's about life's stops and starts."

Where's your fave place to go of an evening?  
"I like to hang around in Soho (trendy area in London's West End) where I live. I like

going to drum and bass clubs, and then on to a late-night cafe. Sometimes we'll go out and take the mick out of people in snoot places."

Have you ever tried go-go dancing?  
"Mum suggested we have go-go dancers in our vid! I've never had a go myself, though."

What's the best thing going on at the mo'?  
"Hearing a request for your song on the radio. It means someone's thinking about you. It feels so great!"



### Album of the week *Novelty Rock*

Denim are pals with Pulp, but far weirder. They speed-up voices and sing about Tampax adverts and potatoes! Lawrence might have a strangely unemotional voice, but his songs are catchy as a winter cold.



### Quote of the week

"I do tae kwon do, a martial art... At my first grading I was a white belt with lots of young 'uns there. You have to call everyone 'Sir' – it was a very humbling experience."



Watch out Noel, Damon from Blur's been taking fighting lessons!

### Spin It or Bin It



### The Carter Twins

#### The Twelfth Of Never



Formerly known as Brother II Brother, The Carter Twins are big mates with Boyzone. In fact,

our Ronan penned the B-side for them. The lads're cute, but the song's slushier than two-week-old snow. So c'mon guys

– we're, like, so over that wimp sound.

### Siona Do You Wanna Funk?

Siona's a club-type babe who appeared in a US Oasis video (*Champagne Supernova*), the lucky minx. Her choon's saucy – for when you feel like a real laydee.

### Alisha's Attic Indestructible

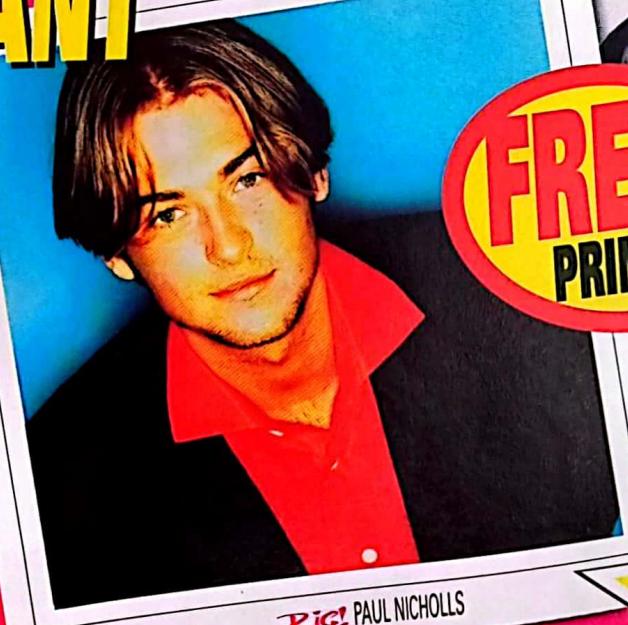
The girls return with a gentle lilt of a song. Out go the shrieks and in come sweet voices and melodies. Aww. Even angry girls can be softies.



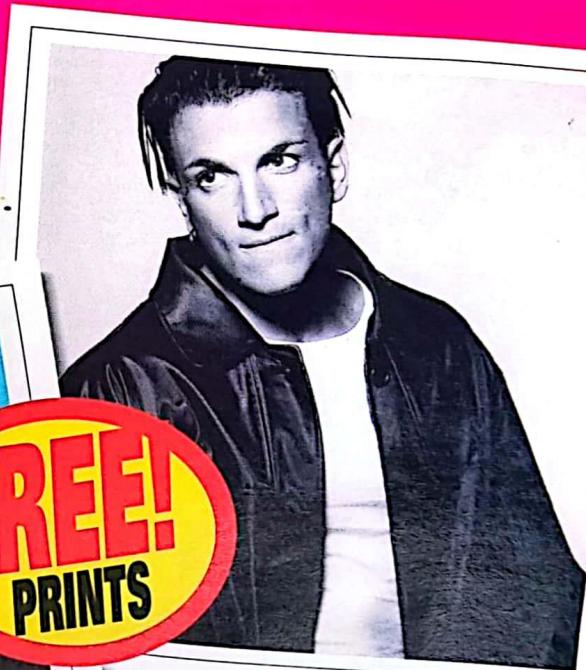
IN THE NEXT ISSUE OF  
**4 BRILLIANT  
POSTER  
PRINTS**

BOYZONE  
SPICE GIRLS  
PAUL NICHOLLS AND  
PETER ANDRE

# Big!



FREE!  
PRINTS



Big! PETER ANDRE



OUT  
NOW

Big! PAUL NICHOLLS

# 7 days of groovers 'n' schmoozers

Michelle Pfeiffer gets a free consultation with George Clooney at the *One Fine Day* premiere

So doctor, what are the symptoms of romantic comedy-itis?

Lip trembles, mood swings, a compulsion to gaze dreamily out of windows. Oh, and a craving for corn and cheese.

J17 can exclusively reveal a sinister link between crumbly actors and shrubbery. First we have the case of Michael Douglas...

I'm branching out in my new film. It's called *Floral Attraction*.

Leaf it out, will ya? You're driving me potty.

...and then Griff Rhys Jones has trouble with a rare shoulder growth

## Quick flash!

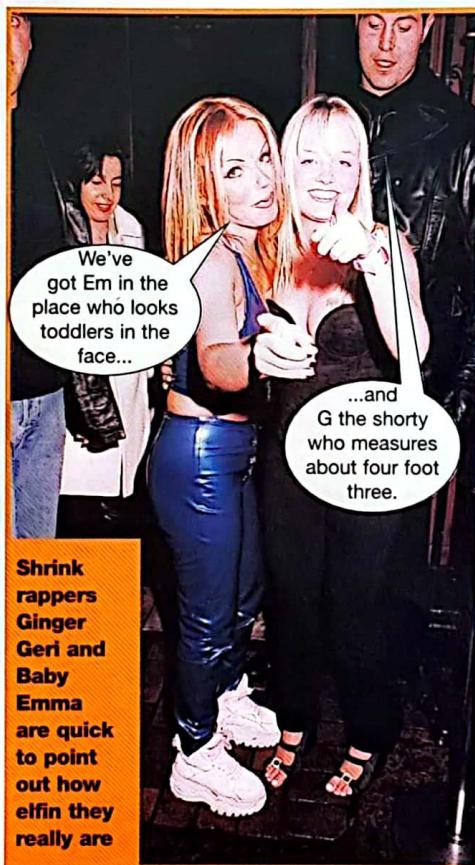
Kneel and pray to all that's holy as Michael chokes on the cheesy waffle of showbiz...



Dovely Wonderbra model Caprice tries to recall that old proverb about a bird in the hand...

This modelling lark's a good way for me to feather my nest.

It's quite a coo for me, too.



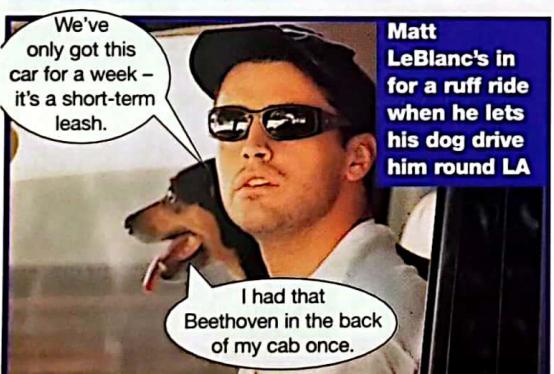
Shrink rappers Ginger Geri and Baby Emma are quick to point out how elfin they really are

We've got Em in the place who looks toddlers in the face...

...and G the shorty who measures about four foot three.

Times are obviously hard for Gaby Roslin since the demise of her Channel Four chat show. Check out her new job...

More change on till four please. And how much are these frozen French bread pizzas?

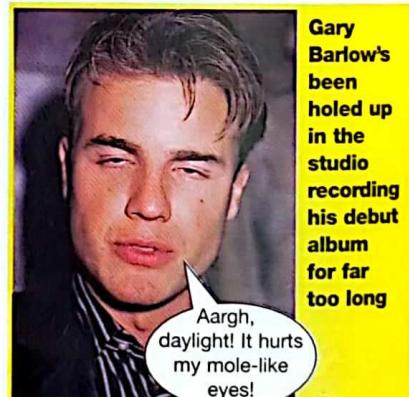


Matt LeBlanc's in for a ruff ride when he lets his dog drive him round LA

We've only got this car for a week - it's a short-term leash.

I had that Beethoven in the back of my cab once.

Aargh, daylight! It hurts my mole-like eyes!



Gary Barlow's been holed up in the studio recording his debut album for far too long



SPIN YOUR  
EGG HERE

5  
4  
3  
2  
1

YOUR DESTINY  
isn't  
ON  
YOUR HANDS

IT'S  
IN  
YOUR HANDS

Spin your egg and discover  
a handy way to eat yours.

- 1 Stick it on your finger and pretend it's a lolly.
- 2 Buy three and learn to juggle.
- 3 Roll it down your sleeve and eat it off the cuff.
- 4 Pinch the bottom. Oooerr!
- 5 Eat it with your feet instead.

how will  
you eat  
yours?  
Cadbury's

Born lippy

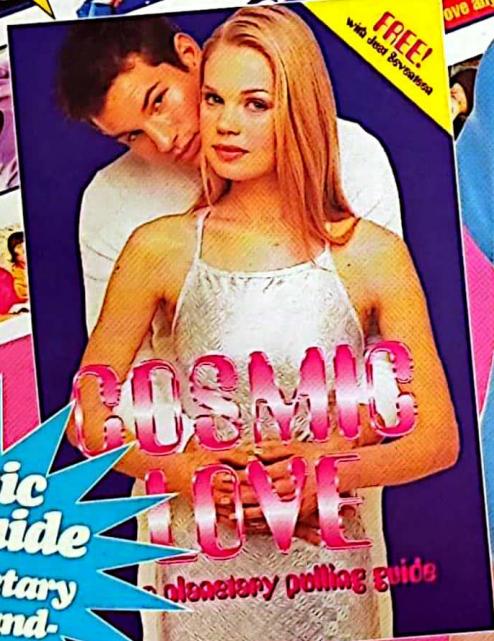
## ***In next week's***

# FREE

# snog kit!

# 3 fab Valentine's freebies...

## Giant sticker sheet Unwrap 'em & slap 'em!



# **Cosmic snog guide**

## *Your planetary pulling hand- book!*

## Just Seventeen

**Life, love and everything. Every Wednesday**

**Dear Newsy,**

**Love Is in the air and it must be contagious, 'cause I've got it bad. Doc Love prescribes a copy of J17 to be reserved/delivered every week. Ta.**

**Name:** \_\_\_\_\_

**Address:**

**PLUS! Win a Valentine from Ant & Dec!  
And East 17! And Jamie Theakston!  
And Kavana! And Dan Falzon!**



**Pash  
postcards  
Send him  
some sauce!**